

## **Outline of some of the activities and achievements of the International Medical Graduate Support Fellows in East of England – Dr Sunil Gupta – 14<sup>th</sup> Sept 2024**

### **Some activities of previous IMG Support Fellows**

Dr Yulia Maksunova – previous IMG Support Fellow for Cambridge and Peterborough

A summary of activities over the last year:

- Organising welcome session and Transition Project induction.
- Workshops for ST1s in Peterborough on writing clinical case reviews and introduction to reflective e-portfolio writing.
- Post-CCT visa talks with Alex Ho - I presented it at the IMG conference, and Alex and I delivered a series of sessions to trainees. I also presented it to practice managers in Cambridge and Peterborough. I have tried to see if ICB can refund practices for sponsorship but have been advised that, at present, it is not possible. It could change in the future.
- AKT exam prep sessions with mock exams, as described in my recent essay. I have uploaded these to the drive. I have trainee feedback from these sessions on my Google Drive and am happy to share if needed.
- Survey of IMG GP trainees' Experiences of Feedback in GP Training in East of England - please see the report attached (Appendix 1).
- Ad-hoc support to trainees 1:1 as requested.

I attach below the link to the shared drive where I saved my resources, including AKT presentations/mock exams, poster presentation and power point on Visa I did with Alex Ho, Welcome session slides, and other resources

[https://drive.google.com/drive/folders/1DVhl2bXvsWsbhTmDzes0KmDfUIH\\_Cgv2?usp=share\\_link](https://drive.google.com/drive/folders/1DVhl2bXvsWsbhTmDzes0KmDfUIH_Cgv2?usp=share_link)

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Dr Anindya Sanyal (Rony) – previous IMG Support Fellow for Suffolk and North-East Essex

Part A : Offering mentoring and support to IMGs across the patch. I have had students approach in and we have completed 1:1 sessions focused on preparation for their SCA examinations.

Part B : I have engaged with relevant stakeholders to create and refine an innovative group based communication skills teaching session for all trainees but with a specific focus on identifying and overcoming challenge IMGs face with the interpersonal skills domain in the SCA examination. I have delivered this session 4 times in total, 3 virtual teaching sessions, 1 face to face session.

Part C: I have created a presentation on Professionalism within the NHS and used it to deliver a virtual teaching session to a cohort of students in Colchester. The objectives of the session were:

- To gain an understanding of what it means to be professional within the NHS
- To test knowledge and understanding on professional behaviours within NHS work environments

- To understand your learning needs in order to plan how you are going to develop your professionalism skills over the next few years.

It has been well received (see appendix 2) and I am planning to hand over the feedback from it to my colleague Shoba who is taking over from my role this year, with the hope she can deliver further sessions and refine it.

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#### Dr Alex Ho – previous IMG Support Fellow in Mid and South Essex

- Ran webinar series to VTS schemes including exam help, how to get a GP job post CCT and how to navigate visas for international medical graduates - some webinars were attended by >100 trainees.
  - Taught on communications skills courses in person and virtually to trainees with good feedback.
  - 121 ad hoc support for trainees in difficulty or those needing extra support for exams / job hunt.
  - Collaborated in national project trying to improve workforce culture in primary care including how to be more inclusive and in particular anti-racist - ongoing project.
  - Collaborated in HEE write up of how to support trainees who have been bullied or harassed - this featured my previous project work as the EoE inclusivity fellow.
  - Presented poster on International Medical Graduate post CCT visas at National conference.
  - Currently completing PG Cert in healthcare practice with project work focussing around IMG visas (due to complete 2025 due to Mat leave).
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#### Dr Ashba Jafri – previous IMG Support Fellow in Hertfordshire and West Essex

- Carried out survey of GP Trainers on their views of IMG GP Trainees (see appendix 3).
  - Written E module to help GP Trainers better support their GP Trainees.
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### **Some activities of present IMG Support Fellows**

#### Dr Nikhita Joglekar in Cambridgeshire and Peterborough

- Helping ST1s on ePortfolio.
  - Signposting GP Trainees to resources.
  - Helping in enhanced induction event for IMGs.
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#### Dr Su Chei in Hertfordshire and West Essex

- Helping in enhanced induction event for IMGs.
- I attended a local SCA Teaching for the GPSTs and introduced myself as ITS fellow and left my contact details. I participated in the role plays and helped promote trainees' participation.
- I am in the Stevenage and Welwyn trainees WhatsApp group, providing support in the group as well as via personal message.
- I offered help to two Welwyn IMGs with their SCA exam practice.

- I held a SCA tips and tricks webinar last week for the IMGs announced via social media (the slides can be shared to the central pool for others use later)
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#### Dr Shoba Jayakumar in Suffolk and North East Essex

- Speaking with Educational Supervisors on how to improve support to IMGs.
  - Helping in enhanced induction event for IMGs.
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#### Dr Mahmoud Elkhoully in Mid and South Essex

- Helping in enhanced induction event for IMGs.
  - Given 2 talks so far (one in Chelmsford and one in Southend).
  - Been to trainees' induction in Southend and started working already on 1:1 session with trainees including:
    - o Guidance through combined training pathway session and how to prepare your portfolio for the application
    - o Getting started in GP training and how to reflect on 14fish
    - o Arranged speaker for Enhanced induction Day 2 which was received really well
  - Attending the trainers meeting next week in Southend.
  - Giving a talk in Southend VTS on the 25<sup>th</sup> September 2024.
  - Arranged with Basildon scheme to run a communication skills session on the 26<sup>th</sup> September 2024.
  - Another session with Basildon Trainees on 16<sup>th</sup> October 2024.
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#### Dr Joel Kanhai in Bedfordshire and Luton

- Doing sessions advising on CV and interview for GP job
  - Trying to start mentoring from ST3s coming to their CCT and from first five GPs.
  - Helping in enhanced induction event for IMGs.
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