General Medical Council

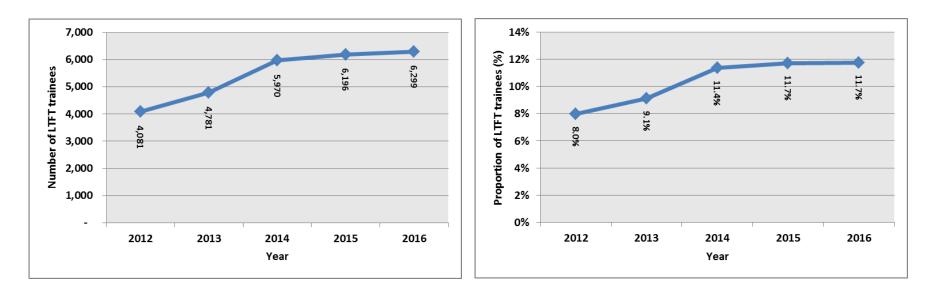
Less than full time (LTFT) training and the National Training Surveys (NTS)

National COPMeD Forum for LTFT Training 2016 London, Thursday 5 October

Alastair Galbraith, Survey Design Manager

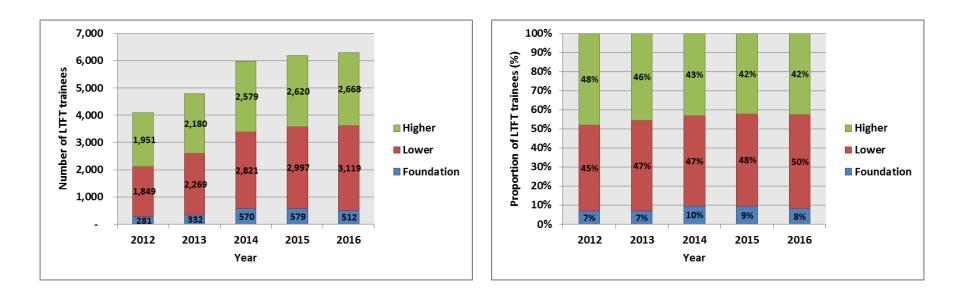
Working with doctors Working for patients

Overall figures



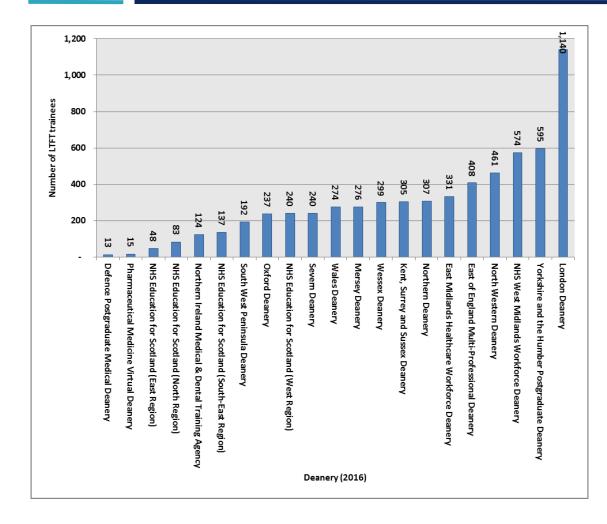
- 6,299 respondents noted they were working on a LTFT basis in the 2016 survey.
- This represents a slight increase on the previous year.
- Proportionally though, levels unchanged from last year (11.7%).

Trainee grade breakdown



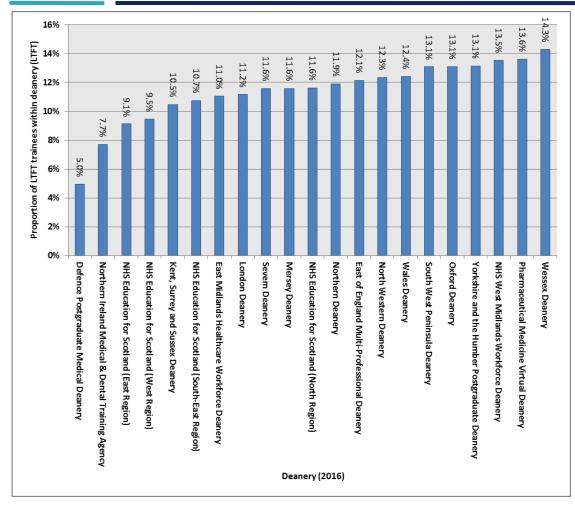
- Largest proportion of LTFT trainees (50%) are in *lower* grades (i.e. CT1, CT2, CT3, ST1, ST2 and ST3 trainees).
- 42% are based in *higher* grades (i.e. ST4, ST5, ST6, ST7 and ST8).
- Levels have remained relatively stable over recent years but appear to be trending towards fewer *higher* level trainees.

Location of LTFT trainees



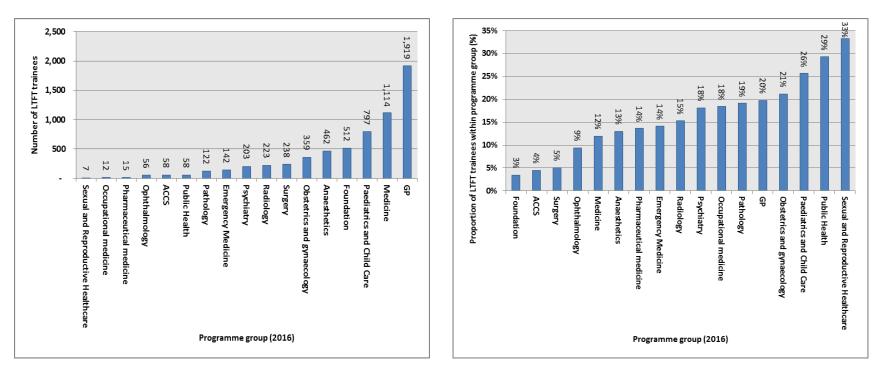
 London has the highest number of LTFT trainees (1,140).

Location of LTFT trainees



 However, Wessex has the highest proportion of LTFT trainees (14.3%).

LTFT trainees by programme group



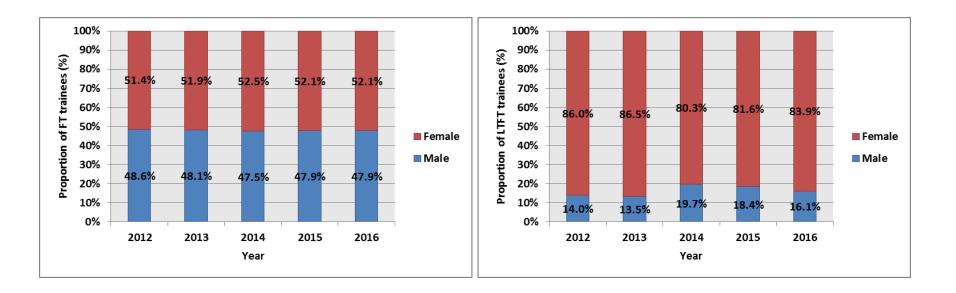
- General practice has the highest number of LTFT trainees (1,919); equates to 1 in 5 (20%) trainees in the programme group.
- Programmes with high proportions of LTFT trainees include sexual and reproductive healthcare (33%), public health (29%) and paediatrics and child care (26%).

LTFT trainees by ethnic background



• There appears to be little variation in the ethnic background of FT trainees compared to LTFT trainees.

LTFT trainees by gender

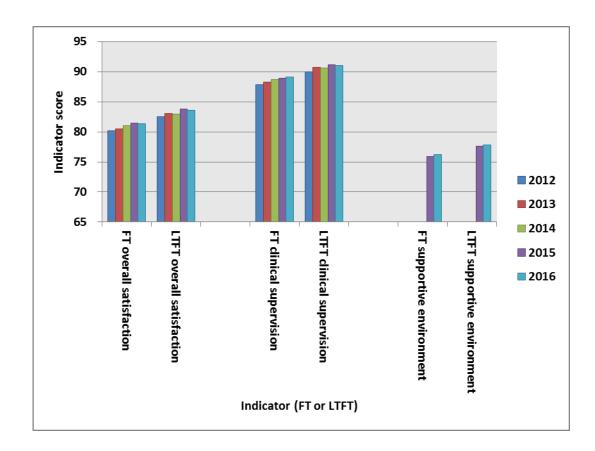


• Although there is a roughly even split in FT training (52% female / 48% male), the proportional breakdown for LTFT training is markedly different:

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• 84% female compared to 16% male.

Indicator scores

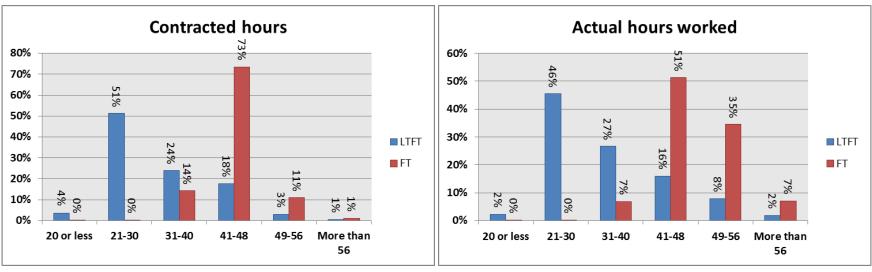


On three key survey measures (overall satisfaction, clinical supervision and supportive
environment) LTFT
trainees have
consistently provided
more positive survey
responses than FT
respondents.

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Capturing improved data



2015 figures

- Existing survey questions seem to provide difficult to interpret results:
 - 75% of LTFT trainees state they are contracted for 21-40 hours.
 - Yet, 21% say they are contracted for 41 or more hours per week.

Improved question wording

Existing wording:

- Are you working less than full time?
 - Yes
 - No

New wording:

- Are you working on a Less Than Full Time (LTFT) basis which has been approved by your deanery/LETB?
 - Yes
 - No



Improved question wording

New questions:

- In your current post, have you worked more than your contracted hours (unpaid and without a separate arrangement)?
 - Yes | No
- In an average month in your current post, how often do you work more than your contracted hours (unpaid and without a separate arrangement)?
 - Daily | Several times a week | Weekly | Several times a month | Monthly
- What percentage of full-time working are you approved to do?
 - Less than 50% | 50% | 60% | 70% | 80% | More than 80% | Other | Uncertain
- Which of the following best describes why you have opted to work on a Less Than Full Time (LTFT) basis? (tick all that apply)
 - Disability, illness or health condition | Childcare | Caring for an adult (e.g. a parent, family member or friend) | Other



Thank-you!

