

# A more 'flexible' approach for Junior Doctors

David Wilkinson Postgraduate Dean Yorkshire and the Humber Vascular Surgeon



## Improving Quality of Training for Junior Doctors Working Group

- Membership HEE, BMA JDC, NHS Employers, Royal Colleges, GMC
- First meeting March 2016
- Address non-contractual issues raised via Junior Doctors contract negotiations
- Request for more flexibility to train less than full time



## Less Than Full Time (LTFT) Emergency Medicine (ST4+) Pilot

Why Emergency Medicine?

- High intensity speciality
- Workforce issues in the past
- RCEM interest

Why a Pilot?

- Will it work?! Will it be popular?
- Opportunity to identify benefits and address risks
- Impact on training, service, resources



#### **Less Than Full Time Working for Junior Doctors**

Benefits?

- Reduce burn-out
- Reduce attrition rates
- Improve work-life balance





- Proposed any higher EM trainee could apply for LTFT training, without needing to meet Gold Guide criteria
- England-only initiative, involving all HEE local offices
- Not applicable to trainees:
  - Acting up
  - Out of Programme



#### **Proposed application process....**

- All higher EM trainees receive a template invitation email requesting expressions of interest
- 'Expression of Interest' form to be completed and collated centrally
- Trainees state:
  - Preferred start date (April 2017 or August 2017)
  - Preferred percentage of working (50%, 60% or 80%)



Then....

- Expressions of interest are reviewed (centrally) and data is analysed
- Impact is evaluated
- Request for formal sign off via DEQ Senior Leadership Team



## Can we accommodate everyone...?

- Depends upon number of applicants!
- Trainees that meet Gold Guide criteria given priority if demand is high
- Waiting list required?
- Approval subject to demands of the service
- The **employer** has the final say
- Alternative training locations offered in exceptional circumstances



#### Points to Consider...

- Trainees could still undertake locum shifts occasionally with agreement from provider!
- Mechanism for Trusts to raise concerns
- Equality Impact Assessment to be undertaken
- Inter Deanery Transfers not possible to apply flexible LTFT rules in devolved administrations
- Tier 2 Visas- onus on trainees to ensure impact of LTFT training does not impact upon their visa status



## **Current Status**

- Modelling underway to consider impact and implications
- If proposal is accepted, formal expressions of interested will be directed to the appropriate Less Than Full Time administrator in each HEE local office for processing (using existing arrangements locally)



# **Evaluation**

- Full evaluation to take place involving:
  - EM higher trainees
  - BMA officials
  - Employers
  - Royal College of EM
  - HEE Officials