## **Top Tips of Public Health Placement**

- 1. Located at Lockton House working with the CCG, within the Improving Outcomes Tea,
- 2. Have an idea of the type of projects you would like to work on or if you have any particular interests, then let the team know as they are very keen to get you involved (although this is not necessary as a project will be given to you, depending on what is topical
- 3. Be creative with your CBDs and mini-CEXs, so that it fits within the criteria set out in your e-portfolio.
- 4. Very useful to spend a week with the Anglia Health Protection team bases at Thetford. Fiona (CCG Consultant) can arrange this and it is a very good opportunity to complete CBDs and mini-CEXs, as the cases you encounter there are more clinically relevant. But make sure you show the consultant doing the CBDs the proforma first, as they are not very familiar with the GP e-portfolio and might not know what to do.
- 5. Make sure you meet the other Public Health registrars, as they are very helpful and will tell you when some of the public health teaching days are. It is useful to attend their all-day teaching/away days.
- 6. E-learning modules in Evidence Based Medicine would be useful to complete. Also – Information Governance and Safeguarding Children
- 7. You get put what you put in