# Westcambs GP Specialist Training Programme

## **GP** attachments in general

#### **GP** curriculum: overview

The GP curriculum sets out what's required to practise as a GP in the NHS and helps prepare GPs for a professional life of development and change. As well as defining outcomes, it describes teaching and learning methods and the knowledge, skills and qualities expected of GPs.

#### The GP curriculum in training and beyond

The curriculum is the foundation for GP training and assessment, and is relevant to GPs throughout their career. GP trainees are assessed against the version of the curriculum which is in effect at the time they begin their training. However, we recommend that all trainees refer to the most up-to-date statements as they include updated information and resources.

http://www.rcgp.org.uk/gp-training-and-exams/gp-curriculum-overview.aspx

### **Top Tips**

- Resources:
  - o General:
    - Gp notebook
    - Patient.co.uk
    - Mentor
    - NICE CKS
    - Medicines Management Team (MMT) formulary
    - MMT antibiotic guidelines
    - BNF
  - Dermatology
    - Derm.net
  - Urology
    - Cambs urology guidelines
  - Imaging
    - Royal College of Radiologists guidelines HCCN
  - o Physio Direct
    - Self-referral exercise PDFs
  - Surgical Thresholds
    - CCG website

- Mental Health
  - IAPT
  - moodgym
  - moodjuice
  - YMCA
  - ARC
- o Obs and Gynae
  - UKMEC
  - FPA Family Planning Association
  - FRSG Faculty
  - iCASH self referral to STD/GUM Clinic
- Practice induction packs variable, helpful guidance regarding how practice works/computer system etc
- Learn about practice staff/what they do
  - o Practice nurses sit in clinics e.g. imms, chronic diseases (e.g. diabetes), travel
  - o Reception day to day work, arranging follow ups, chasing up b/t results etc.
  - o Practice Manager includes practice finance, QOF etc.
- Practical advice for home visits:
  - Think about doctors bag you may be required to provide your own equipment, but discuss this with the Practice Manager
  - o Google maps/ SatNav
  - o Trainers number
  - Surgery number make sure you have the direct line
- Attend meetings:
  - o Practice educational
  - o Primary Health Care Team meetings including palliative care team
  - o Commissioning meetings
  - o Clinical governance afternoons
- Meet allied health professionals/learn what they do
  - District Nurses
  - Health Visitors
  - o Community matron
  - o Community physio
  - o Primary Care Mental Health Team
  - School nurses
- Learn about GP special interests e.g. minor surgery, accupuncture
- Try to do OOH as soon as possible minimum 6 hours per month
- Make sure you claim travel expenses for the days you do visitis claim form on website. It is worth it!
- When on GP placements, you will need to cover you care insurance with 'business cover'
- Identify own learning needs