

## Community Paediatrics ITP post

### GP Curriculum statements – 3.04

#### Care of Children and Young People

#### Learning Outcomes that could be delivered in ITP post

- As a general practitioner (GP) you have an important role in the care of children and young people
- Most healthcare for children and young people is delivered outside the hospital setting
- Patients under 15 years of age comprise around 20% of the average GP list and account for one in four GP consultations
- School children visit the GP between two and three times a year, but this figure is doubled in the under-fives (who visit the GP an average of six times per year)<sup>1</sup>
- A child's and young person's experiences in early life – and even before birth – have a crucial impact on their adult health and life chances
- There is an opportunity to promote health in all contacts with children, young people and families, and this should be targeted particularly at the vulnerable and socially excluded
- All general practitioners need to be competent in dealing with safeguarding matters concerning children
- General practitioners should recognise and respond to the needs of children and young people in special circumstances, through referral and joint working

<http://www.rcgp.org.uk/gp-training-and-exams/~media/Files/GP-training-and-exams/Curriculum-2012/RCGP-Curriculum-3-04-Children-and-Young-People.ashx>

## Top Tips

Alongside your half time GP placement you will do two days in Community Paeds (Monday and Tuesday)

- Holly Ward – clerk patients, take bloods, baby checks. You do not carry a bleep.
- Community days – very useful, need to arrange your days AT LEAST 1 month in advance of starting community attachment - you get a community pack with contact details and ideas of things to do (normally Oak Tree)

### Top tips for helping you to succeed in the paediatric hospital post

- Before the placement revise common presentations in children: abdo pain, UTI, constipation, rash, pyrexia, croup, chest infection, asthma and seizures)
- Be more proactive in arranging your own programme in this rotation, it is over before you know it. Decide on learning outcomes early and plan towards it
- Normal values for paediatric vital signs-may be useful to laminate a ready reckoner which fits into your pocket
- Get stickers - children love them but check with parents that they are happy before give out
- Baby checks – lots of opportunities. Don't let students do them instead of you, this is not allowed or good practice. Get supervision for 1<sup>st</sup> one, be prepared to change a nappy!
- Attend Holly Ward handovers (am and pm handovers)
- Hospital attachment – consider weekly rotation e.g. 1 week baby checks, 1 week clerking patients, 1 week clinics

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- Clinics – very useful for GP trainees, all consultants are excellent teachers. Attend clinics regularly during hospital post – diabetes, allergy, general paediatrics, joint clinic, SHO clinic (with supervision), ophthalmology, ENT.

### **Top tips for the community posting**

- Arrange meeting with Dr C Rands (Associate specialist at the Oak Tree centre) to discuss this aspect, guidance and arrange clinics. She will give you the contacts. You will be working with other registrars based at the centre.
- Sessions with Dr Cormack useful – community paediatrics focus - includes special children schools
- Nurse-led clinics include constipation and nocturnal enuresis. Paediatrics acute drop in clinic – Cambridge.
- Organise session with paediatrics physiotherapy and SALT (speech and language therapy) teams – Oak Tree
- Attend some home visits to chronically ill children
- Attend a child protection conference. This is very useful.
- Important clinics to attend would include: Specialist school clinics with the consultants, school nurse clinics, home visits, physiotherapist sessions assessing children with walking/gait problems, health visitor sessions, orthotics etc (see induction pack).
- Remember annual leave and school holidays in your planning
- Clinics in Community Paediatrics are mainly Monday and Tuesday
- Dr Dickson need to sign your baby check. Also online module
- NIPE – module and e-certificate
- Paediatrics Teaching every Tuesday