## westcambs GP Specialist Training Programme

## A & E post

GP Curriculum statements – 3.03 Care of Acutely III People Learning Outcomes that could be delivered in Secondary care As a general practitioner (GP) you must:

· Recognise the signs of illnesses and conditions that require urgent intervention

- $\cdot$  Work effectively in teams and co-ordinate care
- · Prioritise problems and establish a differential diagnosis
- · Make the patient's safety a priority

 $\cdot$  Consider the appropriateness of interventions according to the patient's wishes, the severity of the illness and any chronic or comorbid diseases

- $\cdot$  Be able to make mental state assessments and ensure the safety of others
- · Accept responsibility for your actions, at the same time recognising any need for involving more experienced personnel
- · Keep your resuscitation skills up to date this would normally involve a yearly certified resuscitation course
- $\cdot$  Act calmly in emergency situations and follow agreed protocols
- · Know the processes and arrangements for commissioning and delivering urgent and unscheduled care in your community

· Be aware of how the management of patients with continuing conditions affects the need to give urgent and unscheduled care

http://www.rcgp.org.uk/gp-training-and-exams/~/media/Files/GP-training-and-exams/Curriculum-2012/RCGP-Curriculum-3-03-Acutely-III-People.ashx

## **Top Tips**

- There is a 2 day induction programme at the beginning
- Be aware of pressure of service commitment, planning is crucial shifts 08:00-17:00, 10:00-19:00, 12:00-21:00. Weekend shifts are 12 hours
- Consult GP curriculum to optimise learning

- Attend minor injuries (minors) important for GPs to know
- Arrange with Colleague to alternate between minors and majors for the day
- Approach the seniors for support
- Use the opportunity to get DOPS signed especially when quiet nights (joint aspirations, I&D are examples of DOPS in addition to simple ones
- Attend formal teaching on Thursday mornings useful cover of curriculum. Option of case based presentation as CBD.
- Plan to take your break
- Opportunity to learn your resuscitation skills
- Shadow your seniors in resuscitation room
- Attempt to log your DOPS & CBDs on your e-portfolio at the time and not retrospectively
- Rota has improved, more 10 hour shifts
- Some issues with referral to Surgical Registrar best to discuss with Senior