



SCHOOL OF EMERGENCY MEDICINE
EAST OF ENGLAND



ACCS EAST OF ENGLAND
Acute Care Common Stem Training Programme



ACCS Regional Training Program 2026-27 (ACCS YEAR 1)

Date	Title	Program Content		Host	Contacts
Aug 7 2026	ACCS-1 Induction Morning session	Regional Induction Getting Started Introduction to the ACCS Program.	Virtual	The Training Program Team	Dr Rajesh Vasiraju EM TPD Dr Kamal Patel AM TPD Dr Lynda Menadue Anaes TPD Dr Nina Walton Anaes TPD
04 Sep 2026	SLO 1 and SLO2	Assessment of Cardiology and Respiratory common presentations including chest pain, breathlessness, Palpitations, haemoptysis, Transient loss of consciousness with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, and Safety netting. + New Procedural sedation in Endoscopy Gastro/Resp; DC Cardioversion/Pacing. + Chest drain/pleural aspiration	Virtual/ F2F TBC	Lister Hospital, Stevenage	Dr Elizabeth Turner, EM College Tutor Lister Hospital elizabethturner3@nhs.net
2 Oct 2026	SLO4	Major Trauma: Imaging decisions/pitfalls/guidelines (NICE guidelines, etc) The Trauma Team, A to E assessment, head and spinal injuries, pelvic injuries, compartment syndrome, Burns (thermal, chemical, Electrical), + New Procedural sedation in Trauma? Ketamine in adults/children + Chest drains	F2F	Split-site: 2 departments Split-site: Colchester ED, ESNEFT & Norfolk and Norwich	Daniel Stanciu – EM Speciality Tutor Colchester daniel.stanciu@esneft.nhs.uk & Dr Franciose Sheppard, EM Speciality Tutor N&N Hospital francoise.sheppard@nnuh.nhs.uk
6 Nov 2026	SLO 4	Management of Common Minor Injuries with a focus on upper limb (fractures and soft tissue injuries) and lower limb. Imaging decisions/pitfalls/guidelines e.g. scaphoid fracture, Colles fracture, Hand examination, NOF, Infection - paronychia, pulp space, flexor sheath, nail bed, amputations, + POP application, FINB	Virtual/ F2F TBC	Addenbrooke's Hospital, Cambridge	Dr Dhakshini Sathasivam, EM Speciality Tutor, ADH Dr Sarah Hazleman, EM Speciality Tutor, ADH sarah.hazleman1@nhs.net dhakshini.sathasivam1@nhs.net

4 Dec 2026	SLO 1 and SLO2	Assessment of gastro (medical & surgical) common presentations including Abdominal and loin pain, Abdominal swelling or mass, Ascites, Constipation, Diarrhoea, Haematemesis and melaena, Jaundice, Anal pain and rectal bleeding, Nausea and vomiting, Dysphagia with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting Example conditions include: Alcohol-related liver disease including withdrawal, Decompensated cirrhosis, Functional bowel disorders, Gastrointestinal infections, Hepatitis, Inflammatory bowel disease, Peptic ulcer disease, Ano-rectal abscesses, Appendicitis, Biliary colic, Bowel obstruction, Breast abscess, Cholangitis, Cholecystitis, Diverticular disease, Haemorrhoid disease, Hernias, Ischaemic Bowel, Lower gastrointestinal and rectal bleeding, Pancreatitis, Viscus perforation, Volvulus.	Virtual/ F2F TBC	Queen Elizabeth Hospital, King's Lynn	Dr Mohamed Nasr, EM Speciality Tutor, Kings Lynn mohamed.nasr@qehkl.nhs.uk
8 Jan 2027	SLO 1 and SLO2	Assessment of Neurology common presentations include acute confusion Headache Seizures/status epilepticus Speech disturbance, Hemiparesis/hemiplegia Gait abnormality, Visual disturbance, Weakness/paralysis, Dizziness, and vertigo with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting. Example conditions include: Botulism, Cerebral venous sinus thrombosis, Functional illness, Guillain-Barre, Meningitis and encephalitis, Multiple sclerosis, Myasthenia gravis, Parkinson's disease, and other movement disorders, Peripheral neuropathy (acute), Subarachnoid haemorrhage, Stroke and transient ischemic attack (TIA), Tetanus, Tumours involving the brain and spinal cord, Ventriculoperitoneal (VP) Shunts	Virtual/ F2F TBC	Basildon Hospital & Southend Hospital	Dr Lokesh Narayanaswamy EM Speciality Tutor, Basildon & Dr Ajantha Kurukulasuriya, EM Speciality Tutor, Southend ajantha.kurukulasuriya@nhs.net lokesh.narayanaswamy@nhs.net
5 Feb 2027	Mental health & Toxicology	Example conditions include overdose of prescription and non-prescription medications including legal and non-legal drugs, Poisoning – carbon monoxide, cyanide, organo-phosphate, Toxidromes, Use of antidotes, Aggressive or disturbed behaviour, Anxiety/panic, Physical symptoms unexplained by organic disease, Self-harm, Refusal of treatment, Managing the agitated or violent patient including the legal framework, Safeguarding vulnerable patients + New Procedural sedation in agitated patient/challenging behaviour (Tranquilisation) + Sections relevant to clinical practice	Virtual/ F2F TBC	Broomfield Hospital, Chelmsford	Dr Stephen Hughes, EM Speciality Tutor Broomfield Hospital stephen.hughes15@nhs.net

5 Mar 2027	SLO 1 and SLO2	Assessment of Nephrology and Endocrinology common presentations including electrolyte disorders, Oliguria, Addisonian crisis, Hyperglycaemia & Hypoglycaemia with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting. Example conditions include: ABG interpretation, Acute kidney injury, Drugs and the kidney, Electrolyte disorders, Fluid balance disorders, Renal replacement therapy, adrenal disorders, Diabetic ketoacidosis, Diabetes mellitus, and complications, including diabetic foot, Hyperosmolar hyperglycaemic state, Pituitary disorders, Thyroid emergencies	Virtual	Princess Alexandra Hospital, Harlow	Dr Kashif Ijaz Malik EM Specialty Tutor Harlow kashif.malik2@nhs.net
02 Apr 2027	SLO 10	The role of clinical evidence in practice, The principles of critical appraisal, Data protection, and sharing information + Research	Virtual	Ipswich Hospital	Dr Alex Newman, EM College Tutor, Ipswich Hospital Alexandra.Newman@esneft.nhs.uk
07 May 2027	SLO 11	The principles of audit, Introduction to the quality improvement project, Managing complaints, Serious incidents, Writing a police statement + Clinical leadership	Virtual/ F2F TBC	Watford	Dr Gavin Wilson- EM College Tutor – WGH gavinwilson1@nhs.net
4 Jun 2026	QIP presentation day	ACCS year 1 and 2 meet together to present QIPs OR Clinical Topics (Dermatology + Environmental + Transfusional Medicine) TBC Combined Day	Virtual/ F2F TBC	ADH	QIP TPD Dr Eoin MacDonald-Nethercott eoin.macdonald-nethercott@nhs.net
2 July 2026	Trainee Celebration Day	ACCS 1& 2 and ST3 Trainees meet together to share learning and celebrate the end of the year. Combined Day	F2F	Bedford	Bedford Dr Adithya Suresh Adithya.Suresh@bedsft.nhs.uk