

ACCS Regional Training Program 2024-25 (ACCS YEAR 1)

Date	Title	Program Content		Host	Contacts
Aug 2024		Local Trust & Department Inductions		Individual departments	
06 Sep 2024	ACCS-1 Induction	Getting Started Introduction to the ACCS Program.	Virtual	The Training Program Team	Dr Rajesh Vasiraju Dr Kamal Patel Dr Lynda Menadue Dr Nina Walton
4 Oct 2024	SLO 1 and SLO2	Assessment of Cardiology and Respiratory common presentations including chest pain, breathlessness, Palpitations, haemoptysis, Transient loss of consciousness with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, and Safety netting. Example conditions include: ACS, MI, Arrhythmias, Cardiac failure, Cardiac tamponade, Congenital heart disease, Diseases of the arteries, including aortic dissection, Diseases of myocardium, Hypertensive emergencies, Pacemaker function, failure Pericardial disease, Sudden cardiac death, Valvular heart disease, Asthma, COPD, Foreign body inhalation, Pertussis, Pleural effusion, Pneumonia, Pneumothorax, Pulmonary Aspiration, PE	Virtual	Lister Hospital, Stevenage	Dr Elizabeth Turner
1 Nov 2024	SLO4	Major Trauma: Imaging decisions/pitfalls/guidelines (NICE guidelines, etc) The Trauma Team, A to E assessment, head and spinal injuries, pelvic injuries, compartment syndrome, Burns (thermal, chemical, Electrical),	F2F	Split-site: Broomfield Hospital, Chelmsford & Norfolk and Norwich	Dr Stephen Hughes & Dr Franciose Sheppard
6 Dec 2024	SLO 4	Management of Common Minor Injuries with a focus on upper limb (fractures and soft tissue injuries) and lower limb. Imaging decisions/pitfalls/guidelines e.g. scaphoid fracture, colles fracture, Hand examination, NOF,), Infection - paronychia, pulp space, flexor sheath, nail bed, amputations	Virtual	Princess Alexandra Hospital, Harlow	Dr Rishi Gupta

3 Jan 2025	SLO 1 and SLO2	<p>Assessment of gastro (medical & surgical) common presentations including Abdominal and loin pain, Abdominal swelling or mass, Ascites, Constipation, Diarrhoea, Haematemesis and melaena, Jaundice, Anal pain and rectal bleeding, Nausea and vomiting, Dysphagia with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting</p> <p>Example conditions include: Alcohol-related liver disease including withdrawal, Decompensated cirrhosis, Functional bowel disorders, Gastrointestinal infections, Hepatitis, Inflammatory bowel disease, Peptic ulcer disease, Ano-rectal abscesses, Appendicitis, Biliary colic, Bowel obstruction, Breast abscess, Cholangitis, Cholecystitis, Diverticular disease, Haemorrhoid disease, Hernias, Ischaemic Bowel, Lower gastrointestinal and rectal bleeding, Pancreatitis, Viscus perforation, Volvulus.</p>	Virtual	Queen Elizabeth Hospital, King's Lynn	Dr Jolene Rosario
7 Feb 2025	SLO 1 and SLO2	<p>Assessment of Neurology common presentations include acute confusion Headache Seizures/status epilepticus Speech disturbance, Hemiparesis/hemiplegia Gait abnormality, Visual disturbance, Weakness/paralysis, Dizziness, and vertigo with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting.</p> <p>Example conditions include: Botulism, Cerebral venous sinus thrombosis, Functional illness, Guillain-Barre, Meningitis and encephalitis, Multiple sclerosis, Myasthenia gravis, Parkinson's disease, and other movement disorders, Peripheral neuropathy (acute), Subarachnoid haemorrhage, Stroke and transient ischemic attack (TIA), Tetanus, Tumours involving the brain and spinal cord, Ventriculoperitoneal (VP) Shunts</p>	Virtual	Southend Hospital	Dr Ajantha Kurukulasuriya
7 Mar 2025	Mental health & Toxicology	<p>Example conditions include overdose of prescription and non-prescription medications including legal and non-legal drugs, Poisoning – carbon monoxide, cyanide, organo-phosphate, Toxidromes, Use of antidotes, Aggressive or disturbed behaviour, Anxiety/panic, Physical symptoms unexplained by organic disease, Self-harm, Refusal of treatment, Managing the agitated or violent patient including the legal framework, Safeguarding vulnerable patients</p>	Virtual	Addenbrooke's Hospital, Cambridge	Dr Dhakshini Sathasivam Dr Sarah Hazleman

4 Apr 2025	SLO 1 and SLO2	<p>Assessment of Nephrology and endocrinology common presentations including electrolyte disorders, Oliguria, Addisonian crisis, Hyperglycaemia & Hypoglycaemia with a focus on: History taking, Differential diagnosis, Investigative decisions, Guidelines, Communication with other teams, Discharge planning, Safety netting.</p> <p>Example conditions include: ABG interpretation, Acute kidney injury, Drugs and the kidney, Electrolyte disorders, Fluid balance disorders, Renal replacement therapy, adrenal disorders, Diabetic ketoacidosis, Diabetes mellitus, and complications, including diabetic foot, Hyperosmolar hyperglycaemic state, Pituitary disorders, Thyroid emergencies</p>	Virtual	Peterborough City Hospital, Peterborough	Dr. Alastair Jones & Dr Dr. Prasad Sidalingeswara
2 May 2025	SLO 10	The role of clinical evidence in practice, The principles of critical appraisal, Data protection, and sharing information	Virtual	Ipswich Hospital & Colchester	Dr Alex Newman & Dr Daniel Stanciu
6 June 2025	SLO 11	The principles of audit, Introduction to the quality improvement project, Managing complaints, Serious incidents, Writing a police statement	Virtual	Watford	Dr Gavin Wilson
4 July 2025	QIP presentation day	<p>ACCS year 1 and 2 meet together to present QIPs</p> <p>Combined Day</p>	F2F	Luton and Dunstable Hospital	QIP TPD Dr Hemavathi Muniswamy
4 July 2025	Trainee Celebration Day	ACCS and ST3 Trainees meet together to share learning and celebrate the end of the year.	F2F	Bedford Hospital	Dr Richard Austin