

Regional ICM training 2020-2022				
	Date	Topic	Host Venue	Organiser
	15/10/20	<b>Obstetrics</b> <ul style="list-style-type: none"> <li>Physiological changes in pregnancy including physiology of labour</li> <li>Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism.</li> </ul>	Norfolk and Norwich	Deborah Easby deborah.easby@nnuh.nhs.uk
	01/12/20	<b>Transplant/GI/Liver</b> <ul style="list-style-type: none"> <li>Acute liver failure</li> <li>Chronic liver failure &amp; critical care admission &amp; support</li> <li>Liver transplant – indications, post-operative care</li> <li>Intestinal failure</li> <li>Management of UGI bleed</li> <li>Severe acute pancreatitis</li> </ul>	Addenbrookes	James Varley james.varley@addenbrookes.nhs.uk
	05/02/21	<b>FFICM topics</b>	Ipswich	Sri Nallapareddy & Paul Mallett <a href="mailto:Sri.Nallapareddy@ipswichhospital.nhs.uk">Sri.Nallapareddy@ipswichhospital.nhs.uk</a> Paul.Mallett2@nhs.net
1	<del>April 2021</del> <b>9 June 2021</b>	<b>Paediatrics</b> <ul style="list-style-type: none"> <li>Physiological differences between children and adults + implications</li> <li>Paediatric emergencies – top 5 – DGH management</li> <li>Referral &amp; transfer to PICU</li> <li>Ethical considerations in PICU</li> </ul>	PICU Addenbrookes	Shruti Agrawal <a href="mailto:Shruti.agrawal@addenbrookes.nhs.uk">Shruti.agrawal@addenbrookes.nhs.uk</a>
2	<b>8 June 2021</b>	<b>Specialist Cardiac</b> <ul style="list-style-type: none"> <li>Advanced haemodynamic and cardiac output assessment (Echo, PAC) – with clinical examples and correlation</li> <li>Management of Pulmonary HTN, including impact on critical illness</li> <li>Valvular Heart Disease – diagnosis, management, tertiary referral, considerations for surgery (emergency &amp; elective)</li> <li>Mechanical assist devices to support circulation</li> <li>Post-operative critical care following major cardiac surgery including transplant</li> <li>Management of the cardiac transplant patient in the district general ICU</li> </ul>	Papworth	Hilary Shanahan <a href="mailto:hshanahan@nhs.net">hshanahan@nhs.net</a>
3	<del>Sept 2021</del> <b>1 October 2021</b>	<b>Education / Research / QI</b> <ul style="list-style-type: none"> <li>Statistics, RCTs and principles of research</li> <li>Consent, duty of care, mental capacity and the Mental Health Act. Anatomy of a real life situation in ED</li> <li>LEAN in healthcare. Implementing and sustaining QI.</li> </ul>	James Paget, Great Yarmouth	Karl Blenk <a href="mailto:Karl.blenk@jpaget.nhs.uk">Karl.blenk@jpaget.nhs.uk</a>
4	<b>6 October 2021</b>	<b>Infection</b> <ul style="list-style-type: none"> <li>Common presenting infections to ICU</li> <li>Nosocomial infections</li> <li>Immunosuppression &amp; impact on critical illness</li> <li>Infections in the immunocompromised host</li> <li>Interpretation of common microbiological tests: central line infections, CSF, Peritoneal analysis</li> <li>Antibiotic resistance</li> <li>Antimicrobial treatment of common infections / spectrum of activity including resistant strains</li> <li>Sepsis – recognition / management / evidence based guidelines (care bundles / early goal directed therapy)</li> </ul>	Peterborough	Coralie Carle <a href="mailto:Coralie.carle@nhs.net">Coralie.carle@nhs.net</a>

	7 October 2021 (1300-1730)	EoE 2 <sup>nd</sup> Regional ICM Trainee Prize Meeting Zoom meeting with breakout rooms for the various categories. Abstracts invited for the following categories: Case Reports, Research, Audit, Surveys, QI. Abstract deadline: Sunday 31 <sup>st</sup> October	Region (Peterborough)	Coralie Carle <a href="mailto:Coralie.carle@nhs.net">Coralie.carle@nhs.net</a>
5	1 Dec 2021	<b>Perioperative Medicine and Surgical Patients in ICU</b> <ul style="list-style-type: none"> <li>• Risk stratification / indications for post operative critical care admission</li> <li>• CPEX</li> <li>• Peri-operative management of the high risk surgical patient <ul style="list-style-type: none"> <li>▪ general principles</li> <li>▪ vascular</li> <li>▪ UGI</li> <li>▪ Lower GI</li> </ul> </li> <li>• NELA</li> <li>• Abdominal compartment syndrome</li> <li>• Emergency laparotomy – role within the management of the acute surgical abdomen</li> <li>• Peritonitis - differential and management</li> </ul>	Chelmsford	Aung Lwin <a href="mailto:Aung.Lwin2@meht.nhs.uk">Aung.Lwin2@meht.nhs.uk</a>
	10 Jan 2022 (postponed from 5 Feb 2021)	<b>FFICM topics (postponed from 5 Feb 2021)</b> End of life care Scoring systems and Audit Organisational issues and incident response Rehab and Post ICU syndromes Exam update SOE practice	Ipswich	Paul Mallett <a href="mailto:Paul.mallett2@nhs.net">Paul.mallett2@nhs.net</a>
6	10 Feb 2022	<b>FFICM topics</b>	Lister	Kate Flavin <a href="mailto:Kate.flavin@nhs.net">Kate.flavin@nhs.net</a>
7	March 2022	<b>Neuro &amp; Trauma</b> <ul style="list-style-type: none"> <li>• Management of traumatic brain injury</li> <li>• SAH</li> <li>• Medical neurology requiring specialist critical care</li> <li>• Stroke &amp; Critical Care</li> <li>• Neuroimaging</li> <li>• Trauma Severity Assessment &amp; Major Trauma pathways</li> <li>• Recognition &amp; management of spinal cord injury</li> <li>• Major incidents &amp; management of mass casualties</li> </ul>	NCCU Addenbrookes	Ronan O'Leary <a href="mailto:drnonanoleary@gmail.com">drnonanoleary@gmail.com</a>
8	April 2022	<b>General ICU</b> <ul style="list-style-type: none"> <li>• Identifying the critically ill patient: <ul style="list-style-type: none"> <li>▪ Who will benefit – ethical considerations, limitation of care/TEPS, DNAR</li> <li>▪ Predictors of critical illness &amp; scoring systems</li> <li>▪ Outreach vs MET</li> </ul> </li> <li>• Management of shock</li> <li>• Post cardiac arrest syndrome &amp; Prognostication following cardiac arrest</li> <li>• Principles of nutrition in the critically ill patient</li> <li>• Fluid therapy in ICU</li> <li>• Pain, agitation &amp; delirium</li> <li>• Prevention of stress ulceration</li> <li>• Care bundles in intensive care – VAP, Stress ulcer, VTE</li> <li>• End of life care <ul style="list-style-type: none"> <li>▪ Palliative care within ICU</li> <li>▪ Organ Donation</li> <li>▪ Brainstem death testing</li> </ul> </li> <li>• Coroner's inquest</li> </ul>	Bedford	<a href="mailto:Abhay.Vaidya@bedfordhospital.nhs.uk">Abhay.Vaidya@bedfordhospital.nhs.uk</a>

9	May/June 2022	<b>Respiratory</b> <ul style="list-style-type: none"> <li>Ventilatory support &amp; modes - with clinical correlation / examples / troubleshooting</li> <li>ARDS</li> <li>ECMO – what is it, referral, transition from DGH to tertiary</li> <li>COPD &amp; Non-invasive ventilation</li> <li>Pulmonary fibrosis</li> </ul>	Queen Elizabeth, King's Lynn	Gayathri Wijewardena <a href="mailto:Gayathri.wijewardena@gehkl.nhs.uk">Gayathri.wijewardena@gehkl.nhs.uk</a>  Confirmed.
10	July/August 2022	<b>Simulation 2</b>	Colchester General Hospital	Stephen Cole <a href="mailto:Stephen.cole@esneft.nhs.uk">Stephen.cole@esneft.nhs.uk</a> Confirmed.
11	Sept/Oct 2022	<b>Medicine &amp; ICU</b> <ul style="list-style-type: none"> <li>Electrolyte disturbances in the ICU</li> <li>Thyroid emergencies &amp; critical care</li> <li>Management of DKA / HONK</li> <li>Haematological malignancy &amp; critical care</li> <li>Rhabdomyolysis</li> <li>Renal disease presenting to ICU</li> <li>Recognition / assessment / management AKI</li> <li>RRT in critical care – modes / evidence base</li> <li>Overdose &amp; poisoning – principles of management / management of specific poisons</li> <li>Rheumatological presentations to the critical care unit.</li> </ul>	West Suffolk	Wasim Huda <a href="mailto:Wasim.Huda@wsh.nhs.uk">Wasim.Huda@wsh.nhs.uk</a>
12	Nov/Dec 2022	<b>Obstetrics</b> <ul style="list-style-type: none"> <li>Physiological changes in pregnancy including physiology of labour</li> <li>Peripartum emergencies: Major obstetric haemorrhage, pre-eclampsia / eclampsia, sepsis, amniotic fluid embolism.</li> </ul>	Norfolk and Norwich	Deborah Easby <a href="mailto:deborah.easby@nnuh.nhs.uk">deborah.easby@nnuh.nhs.uk</a>
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14	March 2023	<b>Transplant/GI/Liver</b> <ul style="list-style-type: none"> <li>Acute liver failure</li> <li>Chronic liver failure &amp; critical care admission &amp; support</li> <li>Liver transplant – indications, post-operative care</li> <li>Intestinal failure</li> <li>Management of UGI bleed</li> <li>Severe acute pancreatitis</li> </ul>	Addenbrookes	James Varley <a href="mailto:james.varley@addenbrookes.nhs.uk">james.varley@addenbrookes.nhs.uk</a>