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| Health Visitor Programme - Weekly News |

Issue 19

21st February 2013

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**Information – Sharing Practice – Antenatal Healthy Child Collaborative**

Expectant mothers requiring additional support are identified and addressed antenatally, improving families’ experiences. The Antenatal Healthy Child Collaborative (AHCC) has enabled Midwives to refer pregnant women in priority need between 16-24 weeks (later where identified). Clients are contacted within 2 weeks of referral and offered an in depth family health needs assessment (aligned to CAF).

The multi-agency AHCC team meets regularly to discuss who can best meet the needs of each family and to monitor implementation.

Benefits include:

* Less duplication, problems highlighted earlier.
* Services working in partnership, SMARTER.
* Early intervention and prevention,
* Issues resolved much earlier improving experience of parenthood.
* Individuals have benefitted by seeing positive outcomes.
* Improved relationships and working patterns between Midwifery, HV and CC staff.

AHCC has demonstrated that it is possible to work collaboratively to improve outcomes if there is a will from all parties, a common goal and an understanding of what each party can offer.

Early feedback suggests that sharing of information in the antenatal period has supported early intervention and improved outcomes for both mother and child from a health and social care perspective. It has also reduced the amount of intervention necessary in the early post natal period.

Anita Farrant, Terri Wright, Clare Slater-Robins

**Contact:** Clare.slater-robins@suffolk.gov.uk **Integrated Service Delivery, Children and Young People's Services, Suffolk County Council**

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**Information – Health Visiting Evaluation, National Nursing Research Unit**

We are pleased to announce that the NNRU’s Health Visitor Programme report “*Why Health Visiting? A review of the literature about key health visitor interventions, processes and outcomes for children and families*” has been published. Please find the report and further details on following link:

<http://www.kcl.ac.uk/nursing/research/nnru/news/index.aspx>

Also available: <http://www.kcl.ac.uk/nursing/research/nnru/policy/By-Issue-Number/Policy--Issue-37v3.pdf>

Kind regards

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<https://www.kcl.ac.uk/nursing/research/nnru/index.aspx>

Follow us on <http://twitter.com/nursingpolicy>

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**Information & Action – IHV Sleep Survey**

Please see below a request from Cheryl Adams, Institute of Health Visitors.

I am trying to get a good response from health visitors to a survey on how they practice in relation to managing sleep difficulties. I wonder whether you could forward the link and message below to your East of England health visitors.

We have had a truly amazing response to a PND survey forwarded previously, well over 1000 health visitors, lots of FNP nurses and even GPs. We are going to use that to campaign for better and more consistent maternal mental health services. We hope to be equally successful with this one which we are taking forward in partnership with Netmums.

If you haven't already will you please help us by completing this important survey to look at your level of training and interventions with respect to sleep: <http://www.surveymonkey.com/s/YKZN5PY> and please also circulate it to your colleagues.

The Institute of Health Visiting feels that this is an area which needs strengthening in practice and we hope that if we can secure a really large sample we will be able to attract funds to help us develop new resources to support your practice. We are taking this work forward supported by Netmums and the Royal Society for Public Health.

Dr Cheryll Adams D(Nurs), MSc, BSc(Hons), RN, RHV, Dip Man

Director, Institute of Health Visiting

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Call: 01243 430545

[www.ihv.org.uk](http://www.ihv.org.uk)

<https://twitter.com/iHealthVisiting>

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**Information – Staff Moving On - Update**

It has been a pleasure working with you all. This is my last week as HV Programme Support and Julia’s PA. Taking over the role is Lucy Hall healthvisitorpa@eoe.nhs.uk . I know from experience you will all make her feel very welcome.

Best Wishes

Sarah

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**Information – Listening to the Voice of the Family Training – Coventry**

An opportunity has arisen to attend training in Coventry. Six staff from East of England were previously able to access the training in London, this is a further opportunity.

We would like to extend this final invitation for you to take part in the training programme entitled Training the Trainer – “Listening to the voice of the family” National Roll out project. This programme is aiming to improve the competencies and confidence of health professionals when working with young children and families.

The purpose of this letter is to invite those of you who we unable to attend our previous workshops.

We can offer you the choice of 2 dates in March (Friday 8th and Tuesday 12th March 2013) for the practical workshop here at Coventry University. Please could you confirm which practical workshop you would like to attend by contacting Rhona Woodall (Project Assistant) on 024 7679 5966 or ab1829@coventry.ac.uk on or before Wednesday 20th February 2013.

If you require any further information please contact Rhona Woodall.

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**Information – Conference – Coordinated Care (Meeting Patients’ Needs), Birmingham, 26th March 2013**

Event Web Link: <http://www.publicserviceevents.co.uk/programme/256/co-ordinated-care>

Link to Register - <https://www.regonline.co.uk?eventID=1193427&rTypeID=273896>

Key Discussions

• Delivering Integrated services.

• Making healthcare more efficient.

• Improving patient outcomes.

• How can we deliver better co-ordinated care?

• Practical examples of turning integration rhetoric into a reality.

Meeting the Needs of Patients, Driving Better Integration where we will showcase real life examples, initiatives and best practice case studies and delegates can explore how to turn the integration rhetoric into a reality.

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**Reminder – Spreading the Word more Widely – Sharing Practice**

In order to share the good practice that is underway in all our providers we are seeking an article, each week, from our providers on a rota basis which we will share via the HV Weekly News. This will help to ensure that we accelerate the roll out of the new offer and promote the health outcomes achieved by health visitors.

Attached is a rota, starting with ECCH from the 7th February 2013.

Articles of **up to** 200 words highlighting an innovation or area of good practice (including contact details) are to be sent to Lucy Hall, HealthVisitorPA@eoe.nhs.uk by the Wednesday of each week.



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