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| Health Visitor Programme - Weekly News |

Issue 34

19th June 2013

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**Information – Article on Health Visitor Rapid Appraisal in HSJ**

We are pleased to highlight the attached article that was printed in Health Service Journal on the 14th June. This article describes the approach taken across NHS Midlands and East to understand progress towards delivering the Health Visitor Implementation Plan.



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**Information – Spreading the Word More Widely – Sharing Practice**

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| **Earlybirds Support Group for families who have babies in the Neonatal Unit.**  The Earlybirds support group has been in running since 2005 and came into being as a result of research carried out as part of a student health visitor dissertation.  This identified the potential impact for families following an admission of their baby to the Neonatal Unit. Early Birds is run by trained Specialist Community Public Health Nurses (Health Visitors) and Neonatal Nurses with support from the children’s centre. Support is available for parents and / or family members with infants who have either spent time, or currently have a baby in the neonatal unit. Parents can share their experiences of how it feels to have a baby admitted to the neonatal unit in supportive environment.  Earlybirds has links to the neonatal unit which means that all babies discharged from the neonatal unit receive a follow up call and an invitation to attend the group. The group is affiliated to the premature baby charity BLISS who provide further specialised resources for use within the group.  The main purpose of Earlybirds is for parents to relax, have a chat and enjoy their babies in a child friendly environment with people that understand the challenges of having a baby that is sick or premature  **Gill O’Connor Clinical Lead – Children’s Services SEPT SE Essex**  **Specialist Community Public Health Nurse**  **Tel: 01702-314270**  **Mobile : 07817288457**  **Gillian.O'Connor@sept.nhs.uk** |

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**Action – Places are going quickly – Building Community Capacity Show Case Event 9th July 2013**

We are now upto 200 places booked; please ensure that you have invited your delegates as places are getting snapped up. **Deadline for registering is 24th June**

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**Information – Evaluation of Band 7 Leading the Healthy Child Programme; How to build resilience in turbulent times**

We met with Kate Billingham today to help plan the next 2 Leadership Training Cohorts for Locality Managers and Operational Leads, looking forward to 2 exciting programmes.

Delegates who attended the band 7 leadership training recently delivered by Kate Billingham and Ben Fuchs will shortly receive an electronic evaluation to be completed; please ensure that this evaluation is completed in the time frame given as it will help us plan for future training.

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**Reminder – Spreading the Word More Widely – Sharing Practice**

Please ensure to get your article in to us in plenty of time.

The sharing practice article contents that we have received so far have been excellent, and will all be available on our website from next week. Details of the next 5 scheduled articles listed below:-

**27th June – Mid Essex**

**4th July – Herts**

**11th July – Bedford**

**18th July – Luton**

**25th July – Cambs**

Articles of **up to** 200 words in Word format highlighting an innovation or area of good practice (including contact details) are to be sent to Lucy Hall, [HealthVisitorPA@eoe.nhs.uk](mailto:HealthVisitorPA@eoe.nhs.uk) by the Wednesday. Please could you also ensure that you include clear contact details and which organisation you work for.

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**Reminder – Follow us on Twitter East of Eng HV prog@HealthVisitors**

We are now up to **60** followers which is excellent. Keep on following for some more updates

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**Contacts**

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