





# East Anglian Glaucoma Micro-Surgery

1<sup>st</sup> Symposium



## Friday 20th May and Saturday 21st May 2022 Colchester, UK

The ICENI Centre International Fellowship Programme can provide an advanced-grade training position at Senior Specialist Registrar or post-CCST level in Ophthalmology.





The Trust offers a highly equipped tertiary level service with Victus & Teneo femtosecond & excimer laser for cornea & cataract, NGENUITY 3D heads-ups operating microscope, fully equipped diagnostics including anterion OCT topography, UBM, wavefront and 3D imaging.

#### Sub-specialties include:

#### • Glaucoma • Retinal diseases

The glaucoma service of The Colchester Eye Centre of Excellence (CECE) has developed a particular sub-specialty interest with a strong portfolio in minimally invasive as well as advanced glaucoma surgery, ophthalmic lasers (including refractive and femtosecond laser) and high-volume - routine and complex - cataract surgery. Leica Proveo 8 surgical microscopes, as well as NGENUITY 3D system, are utilised in theatres. There is an annual conference on MIGS Surgery with wet-labs and interactive presentations. The Retinal fellowship programme to be based at Ipswich Hospital will offer a programme focussing on medical and surgical retina depending on the candidates interest and prior experience. Cataract surgical experience will also be available and can focus on complex cataract surgery for the experienced trainee. Support will be available for those with an interest in research.

#### Education / Learning opportunities:

- A wide exposure to modern MIGS/Glaucoma Surgery/Lasers
- The opportunity for involvement in glaucoma research MC-RCT (i.e. XPLORE/TRITON)
- Regular ESNEFT audits (Trabs/Tubes/MIGS)
- Teaching medical students (UEA, Cambridge, Anglia Ruskin)
- Publications in peer-reviewed Journals
- Participation in a 1-in-7 on-call rotation (EWTD compliant)
- Generous support from Consultant Educational Supervisors.

#### Clinical leads & Educational / Clinical supervisors may include:



**Chrys Dimitrious** MBChB (Hons) • FRCOphth (Lond) • FEBOphth (Paris) • FEBOS (Glaucoma) • PGCertMedEd (Healthcare) Mr Dimitriou is the Glaucoma Lead at the CECE and an active RCOphth College Tutor with keen interest in Education. He started the ASTO/TSC Glaucoma Fellowship programme. He specialises in all aspects of modern glaucoma surgery and lasers, with particular interest in MIGS devices, aqueous shunts, trabeculectomy and complex cataract surgery. He is a proficient high-volume cataract surgeon. In 2019, he humbly received Level 2 Clinical Excellence Award for services in Ophthalmology by the Trust.



#### Deepak Vayalambrone MBBS, FRCOphth

Deepak Vayalambrone is the current Clinical Lead for Ophthalmology at ESNEFT and Undergraduate Specialty Tutor in Ophthalmology for students from the University of Cambridge Specialist interests include Surgery for complex cataracts, Vitreoretinal surgery, Diabetic retinopathy and Ocular trauma.





# Welcome

## to the 1<sup>st</sup> East Anglian Glaucoma Micro-Surgery Symposium

Dear Colleagues and friends of MiGS,

It gives me great pleasure to invite you all to co-celebrate the modern innovations and state-of-the-art advancements in the everevolving armamentarium of minimally invasive glaucoma surgery at The 1st East Anglian Glaucoma Microsurgical Symposium (EAGLaMS) in Colchester, Essex UK, Britain's first and oldest recorded town (77 AD)!

We are extremely glad the Symposium is hosted by the world-renowned ICENI Centre, an exceptional 2-storey surgical simulation centre with outstanding facilities comprising six latest model Leica surgical simulation microscopes, EyeSi VR stereo-visualisation system, NGenuity 3D, variety of model eyes for artificial Glaucoma simulation surgery on MiGs, Tra, Tubes and beyond...

Friday 20th May 2022 is action-packed and full hands-on surgical simulation on MiGS at The ICENI Centre with skills to be taught and delivered at The ICENI Centre by national and international experts. We sincerely thank the Pharmaceutical Industry for their generous contributions towards training and material support for the Dry and Wet Labs, as well as all our Expert Surgical Trainers for their time and efforts. Much appreciated!

Saturday 21st May, Feast of St Helen, Patron Saint of Colchester, is promising to be an unforgettable event with a stellar cast of eminent Speakers, all of whom are key opinion leaders in the field of micro-invasive glaucoma surgery. We would like to thank The Colchester Institute for their kind hospitality in a unique and spacious venue, with a surprise musical performance led by Martin Newell and his band. Martin is a multitalented artist and a grateful patient of The Colchester Eye Centre of Excellence and we look forward to meeting and greeting him on stage!

Once again, on behalf of the EAGLaMS Organising Committee, may I extend a warm Welcome to Colchester for what promises to be a richly educational as well as profoundly entertaining MiGS Symposium. Enjoy!

With my very best wishes,

Chrys Dimitriou Glaucoma Lead for ESNEFT East Anglia Deanery Simulation Lead Chair and Organiser of The Colchester EAGLaMS







## Speakers

**Mr Petros Andreou** Consultant Ophthalmic Surgeon Mid & South Essex NHS Foundation Trust, Essex

**Professor Augusto Azuara-Blanco** Professor of Ophthalmology, Queen's University, Belfast

**Professor Keith Barton** Consultant Ophthalmic Surgeon Moorfields Eye Hospital, London

**Professor Rupert Bourne** Consultant Ophthalmic Surgeon Cambridge University Hospital

Mr Jonathan Clarke Consultant Ophthalmic Surgeon Moorfields Eye Hospital, London

**Professor David Crabb** Professor of Statistics and Vision Research City University of London

Mr Tom Eke Consultant Ophthalmic Surgeon Norfolk & Norwich University Hospitals, Norfolk

**Mr Saurabh Goyal** Consultant Ophthalmic Surgeon St Thomas' Hospital, London **Ms Tasneem Khatib** Glaucoma Fellow Moorfields Eye Hospital, London

**Mr Dan Lindfield** Consultant Ophthalmic Surgeon Royal Surrey County Hospital (RSCH)

**Mr Hatch Mukherjee** Consultant Ophthalmic Surgeon East Suffolk & North Essex NHS Foundation Trust

**Mr Imran Masood** Consultant Ophthalmic Surgeon Birmingham and Midlands Eye Centre

**Mr Nuwan Niyadurupola** Consultant Ophthalmic Surgeon Norfolk & Norwich University Hospitals, Norfolk

**Mr Mahmoud Radwan** Consultant Ophthalmic Surgeon East Suffolk & North Essex NHS Foundation Trust

**Mr Simon Ruben** Consultant Ophthalmic Surgeon Mid & South Essex NHS Foundation Trust, Essex

**Mr Andrew Tatham** Consultant Ophthalmic Surgeon Princess Alexandra Eye Pavillion, Edinburgh, Scotland

# Organising committee

#### **Mr Chrys Dimitriou**

Consultant Ophthalmic Surgeon East Suffolk & North Essex NHS Foundation Trust

#### **Mr Anthimos Vlavianos**

Consultant Ophthalmic Surgeon East Suffolk & North Essex NHS Foundation Trust

#### **Dr Caroline Sheldrick**

Vice Associate Dean of Medical Education East Suffolk & North Essex NHS Foundation Trust

**Mr Richard Stephens** Technician Colchester Institute

**Ms Penny O'Toole** ICENI Centre Business and Curriculum Manager

**Mr Edward Horseman** ICENI Centre Technician

## Panellists

#### **Morning Panellists**

**Mr Chrys Dimitriou** Consultant Ophthalmic Surgeon East Suffolk & North Essex NHS Foundation Trust

Mr Jignesh Patel Consultant Ophthalmic Surgeon East Suffolk & North Essex NHS Foundation Trust

**Mr Avinash Prabhu** Consultant Ophthalmic Surgeon James Paget University Hospitals NHS Foundation Trust, Great Yarmouth, Norfolk

**Mr Deepak Vayalambrone** Consultant Ophthalmic Surgeon East Suffolk & North Essex NHS Foundation Trust

#### Afternoon Panellists

**Mr Gopah Ghosh** Consultant Ophthalmic Surgeon East Suffolk & North Essex NHS Foundation Trust

**Mr Sameh Hindi** Consultant Ophthalmic Surgeon East Suffolk & North Essex NHS Foundation Trust

**Ms Marina Hopes** Consultant Ophthalmic Surgeon Mid & South Essex NHS Foundation Trust, Essex





# Thank you sponsors and exhibitors



# abbvie Alcon



Look closer. See further.











#### Platinum sponsor - Thea

For the last 150 years, Théa have been pioneers in ophthalmology. By developing treatments, providing information, and sharing knowledge with specialists around the world, we enable everyone to keep their eyes wide open. Théa specialise in preservative-free treatment at accessible prices, addressing the established position that preservative-free is more expensive than preserved eye care and ensuring that patients have access to a range of efficacious, preservative-free treatments. As part of Europe's leading independent ophthalmic pharmaceutical company, Laboratoires Théa, we are dedicated exclusively to ophthalmology and offer an extensive portfolio of pharmaceutical-grade, innovative products in multiple therapy areas including glaucoma, cataract, dry eye, infection, and inflammation.

#### Gold sponsor - AbbVie

#### **Gold sponsor - Alcon**

Alcon is the global leader in eye care, dedicated to helping people see brilliantly. With our 70-plus-year heritage, we are the largest eye care device company in the world - with complimentary businesses in Surgical and Vision Care.

#### Gold sponsor - Glaukos

Glaukos is an ophthalmic medical technology and pharmaceutical company focused on developing and commercializing novel therapies for the treatment of glaucoma, corneal disorders and retinal diseases. We first developed Micro-Invasive Glaucoma Surgery (MIGS) as an alternative to the traditional glaucoma treatment paradigm, launching our first MIGS device commercially in 2012, and have since developed a portfolio of technologically distinct and leverageable platforms to support ongoing pharmaceutical and medical device innovations.

#### **Gold sponsor - Haag-Streit UK**

Haag-Streit UK is a leading UK provider of diagnostic and surgical equipment for ophthalmologists. It provides a comprehensive portfolio of gold-standard micro-surgical instruments and procedures & implants. HS-UK's portfolio includes the newly-launched iTrack<sup>™</sup> Advance surgical system, a next generation canaloplasty device for glaucoma. The iTrack Advance offers an easy-to-use handheld injector, combining viscodilation and catheterisation. The innovative design offers an illuminated canaloplasty performed over 360° of the outflow pathway via a single intubation. www.haagstreituk.com.

#### **Gold sponsor - iSTAR Medical**

iSTAR Medical is a medtech company developing MINIject<sup>®</sup>, a revolutionary microinvasive glaucoma surgery (MIGS) device for patients with primary open-angle glaucoma. MINIject uses the innovative STAR<sup>®</sup> material, a soft and flexible, medical-grade silicone with a microporous, multi-channel geometry to provide an effective solution to safely reduce intraocular pressure (IOP). iSTAR Medical was founded in 2011 and is headquartered in Belgium.

#### **Gold sponsor - Santen**

At Santen, ophthalmology is our singular focus . We explore new possibilities in eye care and work with clinicians to support you in bringing happiness and hope to people with eye disease. Visit us at this meeting to discuss the lives of patients with severe dry eye disease, VKC and glaucoma.

#### **Gold sponsor - Sight Sciences**

Sight Sciences is an eyecare technology company focused on innovative solutions intended to transform care and improve patients' lives. The company's portfolio, featuring the OMNI® Surgical System and the in-office TearCare® System, uses minimally invasive or non-invasive approaches to target the underlying causes of the world's most prevalent eye diseases.

#### Silver sponsor - Rheon

Rheon Medical has developed the eyeWatch technology, the world's first adjustable shunt for the surgical treatment of glaucoma. The eyeWatch has been tested clinically in more than 400 patients and has delivered outstanding results in terms of pressure control and post-operative complications.

#### **Bronze sponsor - Altomed**

Altomed are delighted to support the 1st East Anglian Glaucoma Micro-Surgery Symposium. We hope you get to experience the simplicity and efficiency of the enhanced KDB Glide for excisional goniotomy which forms part of the New World Medical family of Ahmed Glaucoma Valves and ClearPath Glaucoma Drainage Implants".





# Friday 20th May 2022

#### MiGS Dry Labs Venue: ICENI Centre

#### Morning Session - East Anglian Trainees

Time	Торіс		
08:45-09:15	<b>Registration and Reception R</b>	efreshments Faculty	
09:15 - 09:30	Welcome & Introductions	Mr Chrys Dimitriou Organiser	
09:30 - 11:30 Group 1	Lecture Hall x 12 Presentations (10 minutes each video-lecture)		
09:30 - 11:30 Group 2	Skills lab x 12 Implants/Devices <b>(09:30-10:30 x 6 + 10:30-11:30 x 6)</b>		
11:30 - 12:00	Lunch		
12:00 - 14:00 Group 1	Lecture hall x 12 Presentations		
12:00 - 14:00 Group 2	Dry lab STEMIi x Implants/Devices <b>(12:00-13:00 x 6 + 13:00-14:00 x 6)</b>		
14:00	End of Course		
• STEMi no.1 = <b>iSTENT</b> - 2 x OST		<ul> <li>STEMi no.1 = XEN45 - 2 x OST</li> </ul>	
• STEMi no.2 = <b>iTRACK</b> - 2 x OST		• STEMi no.2 = <b>MINIject</b> - 2 x OST	
• STEMi no.3 = <b>Trabectome</b> - 2 x OST		• STEMi no.3 = <b>PRESERFLO</b> 2 x OST	
• STEMi no.4 = <b>Hydrus</b> - 2 x OST		• STEMi no.4 = <b>Baerveldt 250</b> 2 x OST	
• STEMi no.5 = <b>OMNi</b> - 2 x OST		• STEMi no.5 = <b>MOLTENO 3</b> 2 x OST	
• STEMi no.6 =	Kahook DB - 2 x OST	<ul> <li>STEMi no.6 = EyePlate + EyeWatch 2 x OST</li> </ul>	

#### Afternoon Session - Non-East Anglian Trainees

Repeat of morning session - 14:00 - 19:00





## Saturday 21st May 2022

1st East Anglian Glaucoma Micro-Surgery Symposium

#### **Venue: Colchester Institute**

Time	Торіс	Speakers	
08:30 - 09:15	Registration and Reception Refreshments		
09:15 - 09:30	Welcome & Introductions	Mr Chrys Dimitriou Chair and Organiser	
09:30 - 09:50	Role of Preservative-Free Eyedrops in MiGS Peri-Operative Care	Mr Nuwan Niyadurupola	
09:50 - 10:10	Micro-Pulse Laser & Glaucoma Treatment Applications	Mr Mahmoud Radwan	
10:10 - 10:30	Endo-Cyclo-Photocoagulation (ECP)	Mr Saurabh Goyal	
10:30 - 10:40	Refreshments		
10:40 - 11:00	Modern Aqueous Angiography Imaging Techniques	Miss Tasneem Khatib	
11:00 - 11:20	Reducing the global burden of glaucoma blindness and the role of MIGS	Prof Rupert Bourne	
11:20 - 11:40	Timing for MiGS & Artificial Intelligence in Glaucoma	Prof David Crabb	
11:40 - 12:00	Evidence of MiGS for Glaucoma: Cochrane reviews + meta-analyses	Prof Augusto Azuara-Blanco	
12:00 - 12:20	PRESERFLO versus Trabeculectomy - are we there yet?	Prof Keith Barton	
12:20 - 12:40	Q&A		
12:40 - 13:40	Lunch and Martin Newell's Show		
13:40 - 14:00	Safety, Tolerability and Patient Satisfaction with PHACO-MiGS	Mr Petros Andreou	
14:00 - 14:20	iSTENT G2w inject Trans-trabecular Micro-bypass	Mr Jonathan Clarke	
14:20 - 14:40	HYDRUS Schlemm's Canal Micro-Stenting	Mr Andrew Tatham	
14:40 - 15:00	GATT, ABiC, Canaloplasty & OMNI - Spare or Tear?	Mr Imran Masood	
15:00 - 15:20	My XEN journey so far: highs, lows and the way forward	Mr Simon Ruben	
15:20 - 15:40	Anaesthesia Techniques in Minimally Invasive Glaucoma Surgery	Mr Tom Eke	
15:40 - 16:00	Refreshments		
16:00 - 16:20	MiGS and The Cornea - Perils & Pitfalls	Mr Hatch Mukherjee	
16:20 - 16:40	Suprachoroidal Aqueous Drainage - Past, Present & What the Future Holds (including MINIject)	Mr Dan Lindfield	
16:40 - 17:00	Q&A		
17:00 - 17:20	Honorary Award of the Colchester Eye Centre of Excellence Fan Club (CECE FC)		
17:20 - 17:30	Closing Remarks	Mr Chrys Dimitriou Chair and Organiser	





Your Feedback is important to us. Please take two minutes to complete the automated form using the QR code below.

We hope to see you again next year.

### **Friday Workshop**

https://cloud.evasys.co.uk/rsc/online.php?p=HXKTF



The Royal College of Surgeons of England has awarded 4 CPD points for this event

#### Saturday Symposium

https://cloud.evasys.co.uk/rsc/online.php?p=V2YQT



The Royal College of Surgeons of England has awarded 6 CPD points for this event



### The **IC** ₩ NI Centre

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