




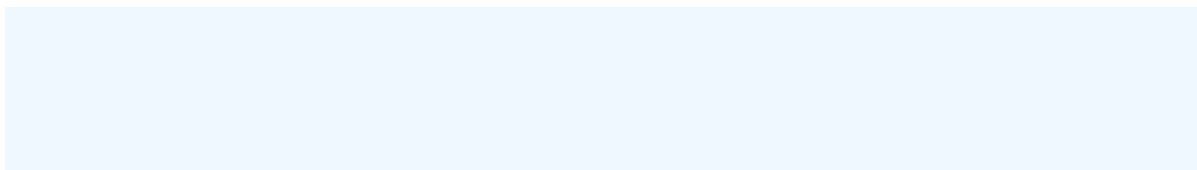
Competence Areas - Trainee Self Rating

Relationship

The doctor's ability to understand and develop human relationships principally with patients, families, colleagues and teams.



Competence Areas	Rating	Dated	
Communication and consultation skills	Competent for Licensing	2012 09:30:10	
Evidence	My understanding of the importance of communication increased following the failure of the CSA exam. So I concentrated more on my communication skills over the past 4 months. It was evident by positive comments from my trainer during shared surgeries, patients remarks to receptionists and comments from colleagues during exam practice. I showed some evidence on e-portfolio as well. Log entry on x/x/12 reflected my communication skills helped me to deal with ethical/cultural issues and I was able to give a clear explanation about genetic disease. I was able to de-fuse an angry patient comfortably(x/x/2012), directed an anxious father for appropriate assessment x/x/2012 and dealt with a 17 year old girl with a positive pregnancy test and her mother who had different opinions about the pregnancy outcome(x/x/2012). My efficient communication was witnessed on recent COTs' and CSR(x/x/2012)		
Actions	I will continue to concentrate on my language and communication skills in order to provide good medical care.		
Practising holistically	Competent for Licensing	2012 10:19:51	
Evidence	- I became more aware of a holistic approach When I moved from secondary care to primary care and it was markedly improved throughout		



	<p>my training. Managing a palliative care/end of life care patient with other co morbidity showed my holistic approach by organised support from various team members to support the patient and family(x/x/2012). I involved the family during the initial diagnosis of cancer and offered extra support –this was further evidence for a holistic approach (x/x/2012). Also it was reflected in two other cases, such as log entries on x/x/201 and x/x/2012. Two CBDs showed my excellent holistic approach(x/x/2012)</p>
Actions	I will continue to use a holistic approach in managing all of my patients as appropriate in future and continue to improve.
Working with colleagues and in teams	Competent for 2012 Licensing 09:37:35 
Evidence	<p>I am always available and accessible during my working hours and keen to help within my limit in order to provide efficient patient care. The CBD on x/x/12 showed my excellent team working ability. I involved secondary care teams and colleagues(x/x/12), Community support groups(x/x/12) and Non medical team members(x/x/12) in order to provide efficient patient care and support to family. My CSR report supported my excellent team working ability with colleagues and administration staff at my practice.</p>
Actions	I will continue to support my colleagues and involve both community and secondary care teams to provide good medical care.

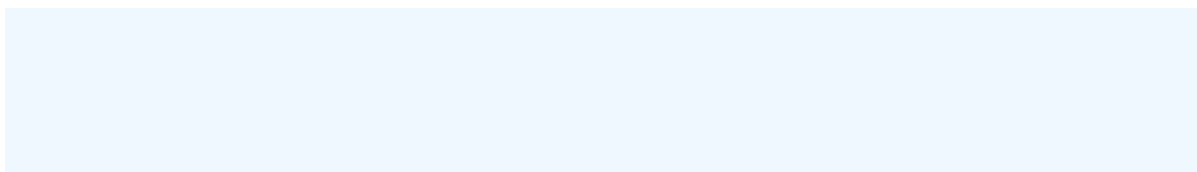


Diagnostics

The doctor's ability to gather and use information to make decisions, particularly within a clinical context



Competence Areas	Rating	Dated	
Data gathering and interpretation	Competent for Licensing	2012 09:40:11	
Evidence	I always try to get enough information prior to making a diagnosis by taking a clear history and using patients' notes. I reflected my excellent data gathering ability to alter medication appropriately(x/x/12), diagnosed a near missed cancer(x/x/12), presented with hidden agenda(x/x/12), diagnostic uncertainty (x/x/12 and x/x/12) and non obvious aetiology(x/x/12). It was also demonstrated by my trainer's report during OHH(x/x/12) and rated as excellent on X2 CBDs on (x/x/12).		
Actions	I continue to improve my medical knowledge to take an appropriate history. I use all possible available evidence (medical notes) and continue to improve my communication skills to explore the hidden agenda. I use relatives and other care providers to gather enough information to make appropriate diagnosis and provide good medical care.		
Making a diagnosis/decisions	Competent for Licensing	2012 09:42:40	
Evidence	- My working diagnosis and decision making ability in order to provide good medical care applied in a case which didn't follow the usual response to manage plan(x/x/12) and uncertainty of diagnosis (x/x/12 and x/x/12). My abilities in diagnosis and decision making was reported as excellent on four CBDs on x/x/12 and x/x/12.		
Actions	I continue to use my judgement rather than following rules especially in		


	diagnostic uncertainty to make an appropriate working diagnosis.
Clinical management	Competent for 2012 Licensing 09:48:48 
Evidence	My clinical management skill was reflected as excellent in several CBDs(X3 CBDs on x/x/12) and OHH reports(x/x/12). Managing patients according to guidelines(x/x/12), psychosocial aspects of the patient(x/x/12) and appropriate secondary care referral(x/x/12) were supported in log entries as mentioned.
Actions	I continue to update my knowledge and review guidelines to provide good medical care. I will manage not only clinical aspects of patients presenting complaints, but also psychological/social issues as well.
Managing medical complexity	Competent for 2012 Licensing 09:51:49 
Evidence	My skills in managing medical complexity were rated as excellent on three CBDs(X2 on x/x/2012 and x/x/12). I managed a patient with a few medical issues and complicated drugs on log entry x/x/2012). I also managed a patient with acute problem which has impact on his medication for chronic illness(x/x/2012).
Actions	I will continue to get involved in managing patients with medical complexity to improve my confidence. When managing the acute problem, I will consider other medical illnesses and medications to choose appropriate management.



Management


The doctor's ability to manage issues, events, relationships and him/herself over time


Competence Areas	Rating	Dated	
Primary care admin and IMT	Competent for Licensing	2012 09:54:38	
Evidence	<p>I always support my patients' understanding by proving information leaflets and showing pictures on internet medical websites.</p> <p>I continued to document consultation and follow-up plan clearly to communicate with other colleagues.</p> <p>I am confident on using 'Vision' during my consultation and Adastra during OHH.</p> <p>The importance of IMT was shown in a case(x/x/2012) and my competency was witnessed on all of the CBDs.</p>		
Actions	I will continue to use IMT to provide efficient care to my patients.		
Community orientation	Competent for Licensing	2012 10:09:14	
Evidence	<p>I am aware of community orientation and it helped me to make appropriate referrals to secondary and community teams to provide good medical care to my patients and to support the family too. I communicated with different teams during my past 4 months and it was recorded in many log entries as secondary care referrals(x/x/12, x/x/12, x/x/2012, x/x/12, x/x/12 etc).</p> <p>I utilised the community support teams to support a palliative care patient(x/x/12).</p> <p>I referred my patients to specialist units for further evaluation to make appropriate decisions about further management(x/x/12, x/x/12).</p> <p>My competency of cost effective prescribing of medication and reducing referral rates is appropriately recorded as above.</p>		
Actions	I continue to explore the		

	available community support and refer appropriately to care and support my patients and families. I continue to maintain cost effect management and appropriate referral to improve the health care framework.
Maintaining performance, learning and teaching	Competent for 2012 Licensing 10:20:50 
Evidence	<p>I continued to improve my medical knowledge by attending teaching(x/x/12 and x/x/12), doing e-learning modules,(x/x/12 and x/x/12) and reading(x/x/12 and 23/11/12).</p> <p>I continued to read to improve my knowledge on difficult subjects like ethics(x/x/12 and x/x/12) and genetics(x/x/12) as well.</p> <p>I attended a communication skills course organised by EOE deanery to improve my communication skills.</p> <p>I was also involved in significant event analysis, which helped me to find the reason for any lack of medical care, ways of improving current practice and preventing similar issues in future.</p> <p>CSR documentation rated my ability to maintain learning as above average.</p>
Actions	- I continue to update my knowledge and avoid risk in managing my patients. I will participate in clinical meetings and discuss with peer groups to improve my knowledge.

Professionalism

The attitude that the doctor has about the responsibilities of the job, expressed through the level of respect and commitment demonstrated for people, professional guidelines and duties

Competence Areas	Rating	Dated	
Maintaining an ethical approach	Competent for 2012 Licensing	2012 10:23:06	
Evidence	My confidence and competency in dealing with ethical issues has continued to improve over the past 4 months of training.		

	<p>I continued to learn about ethical issues (x/x/12 and x/x/2012). My application of ethical knowledge is reflected in the following log entries, x/x/12 and x/x/12. I communicated with the appropriate team prior to making a decision where I felt uncertainty in ethical issues(x/x/12) My competence level was reported as excellent on the CSR report for this area as well.</p>
Actions	<p>I will continue to update myself and become more competent in ethical issues to learn to make appropriate judgments whilst managing my patients.</p>
Fitness to practise	<p>Competent for 2012 Licensing 10:15:41 </p>
Evidence	<p>The CBD on x/x/12 rated my fitness to practice as excellent. I tried to balance my busy job with family very well.</p>
Actions	<p>While I will be providing good medical care to my patients, I will maintain my personal health as well.</p>