

TIME	MEETING	FACILITATOR	VENUE
08:30 - 09:00		REGISTRATION & COFFEE	BREAKOUT AREA
09:00 - 09:05	<b>Welcome</b>	Janet Rutherford	Essex Suite
09:05-10:00	<b>Differential Attainment of Learners</b>	Kirsty White	Essex Suite
10:00 - 11:00 <b>Workshop 1</b>	Nuts and Bolts of CSA	Roger Tisi and Emma Stephens	Essex Suite
	Teaching Leadership to Our Trainees	Mark Attah	Essex Suite 3
	Debriefing Learners	Keith Cockburn	Meeting Room 6&7
	Assessing Your Trainee as Competent for OOH	John Kedward	Meeting Room 8
	ESRs Made 'Simple'	Janet Rutherford	Meeting Room 15
11:00 - 11:30		TEA/COFFEE BREAK	BREAKOUT AREA
11:30 - 12:30 <b>Workshop 2</b>	CEPS Made Easy	John Howard	Essex Suite
	CSRs - When and How?	Mark Attah	Essex Suite 3
	How to Teach Using Physical Activity in Clinical Care	Chris Rufford	Meeting Room 6&7
	Teaching Consultation Skills for CSA Success	Richard Darnton	Meeting Room 8
	ESR Scenarios - Top Tips for Making your ESR Even Better	Janet Rutherford	Meeting Room 15
12:30 - 13:00	<b>The Long View</b>	John Howard and Vijay Nayar	Essex Suite
13:00 - 14:00		LUNCH	MAIN RESTAURANT
14:00 - 15:00 <b>Workshop 3</b>	Professional Use of Social Media	Jo Wren	Essex Suite
	Making the Most of a CBD	John Kedward	Essex Suite 3
	GPQMs	Roger Tisi	Meeting Room 6&7
	Educational Theory Doesn't Have To Be Dreary	Richard Darnton	Meeting Room 8
	Differential Attainment	Vijay Nayar	Meeting Room 15
15:00 - 15:30		TEA/COFFEE BREAK	BREAKOUT AREA
15:30 - 16:30 <b>Workshop 4</b>	Training Problems - What to Do	Keith Cockburn	Essex Suite
	Addressing AKT Failure – Individually and as a Group	John Kedward	Essex Suite 3
	Wot is this New Audio-COT?	Richard Darnton	Meeting Room 8
	Difficult Conversations	Vijay Nayar	Meeting Room 15
CLOSE			

## Autumn Seminar - Wednesday 28 September 2016

### Working Together to Shape the Future

#### Synopses of Workshops

#### Keynote

##### Differential Attainment of Learners

*Kirsty White*

#### Workshop 1

##### Nuts and Bolts of CSA

*Roger Tisi and Emma Stephens*

This will be an interactive workshop that will consider the design and structure of the Clinical Skills Assessment (CSA). We will look at how it is marked and how trainers and trainees can utilise this knowledge in their preparation for the trip to Euston. Use of PowerPoint will be minimal I'm afraid (we are lazy people). The workshop will probably be of most value to new trainers and TPDs but we hope it will also serve as a useful refresher for those who want to update their knowledge of the CSA. Roger will be fresh from the annual RCGP Examiner's conference and so will be able to report on anything hot off the press. Emma will be able to provide a trainee perspective on the CSA and some advice on how you might help your trainee with this assessment.

##### Teaching Leadership to Our Trainees

*Mark Attah*

Much has been said about the importance of leadership but what exactly is leadership? How can we help trainees develop become leaders? This workshop will explore the concept of leadership and leadership development in trainees.

##### Debriefing Learners

*Keith Cockburn*

Brief introductory presentation/discussion about debriefing of trainees with consideration of why, where, when, how much, and how? What do people do?

Then the main section of the workshop will involve participants getting into groups of three and taking it in turn to act as trainer ('debriefeer'), trainee ('debriefee') and observer ('facilitator'). Groups will use different pre prepared scenarios which will include details of the trainee and their particular situation, and a record of one or more clinical encounters. Suggest 7 mins debrief, 7 mins feedback on debrief then swop.

There will be a brief plenary at the end. The workshop includes peer review of the trainers' performance which can be used when re-applying for approval.

##### Assessing Your Trainee as Competent for OOH

*John Kedward*

This workshop is primarily for trainers to support assessment of Out of Hours (OOH) Competence in GP trainees. How is competence assessed? What criteria are used? What tools are helpful? When is this best carried out?

##### ESRs Made 'Simple'

*Janet Rutherford*

This workshop will look at the what, why and how of ESRs and hopefully answer all those niggling little questions you might have. For those of you doing your first ESR, I will try to make the process of actually doing it as simple as possible and, for those of you who have survived your first few, reassure you that you are on the right track!

### Workshop 2

#### **Ceps Made Easy**

*John Howard*

Clinical Examination and Procedural Skills (CEPS) have been live since August 2015 and have now fully replaced the DOPS system. How has this worked for trainees, trainers and most importantly patients? What is your experience so far; has the system changed the assessment of a trainee? As a member of the RCGP WPBA core group I am very interested in your views so that we can continue to refine CEPS. In this workshop we will share examples, look at the practical and assessment issues and debate the pros and cons of this new approach to assessing examination skills in the consultation.

#### **CSRs – When and How?**

*Mark Attah*

The Clinical supervision report is an essential component of the Work place based assessment. This workshop will look at completing a CSR as part of the evidence to assess a trainee's progress.

#### **How to Teach Using Physical Activity in Clinical Care**

*Chris Rufford*

Physical inactivity has been called 'the greatest public health threat of the 21<sup>st</sup> century'. The health costs of inactivity are massive. Exercise can be used both to prevent and treat chronic disease as well as improving surgical outcomes. Exercise has been prescribed for many years in New Zealand in primary care and at St Bartholomew's & The Royal London School of Medicine the medical students are taught how to do this!

In this workshop we will look at the physiology behind this as well as working on clinical case scenarios. We will look at brief interventions and how to write a prescription so you can do this yourself in primary care.

#### **Teaching Consultation Skills for CSA Success**

*Richard Darnton*

Top tips from a CSA examiner on teaching your trainee consultation skills that will set them up well for passing the CSA. NB This workshop focuses on how to teach key consultation skills rather than on specific exam dos and don'ts.

#### **ESR Scenarios – Top Tips for Making your ESR Even Better**

*Janet Rutherford*

This workshop will look at how the ESR can best reflect the challenges faced by many GP Trainees and their educators, and even perhaps be a useful experience for them! We will use several scenarios to stimulate some thought and discussion around the type of comments and action plans and why a good ESR is so important for the ARCP process.

### Workshop 3

#### **Professional Use of Social Media**

*Jo Wren*

To tweet or not to tweet? We'll look at how use of social media can either help or hinder in developing your professional life, with reference case examples and real life scenarios.

#### **Making the Most of a CBD**

*John Kedward*

This workshop aims to share learning about the best ways to undertake Case Based Discussion assessments, and understand the formative and summative elements of Case Based Discussions.

## GPQMs

*Roger Tisi*

The least enticing title on the timetable and yes, I had to look up what it means as well. The workshop will consider the new systems for GP Quality Management; in old money, the process of trainer and practice approval. We have moved to a virtual system that increasingly relies on self-reporting and we will look at how the new system operates and how individuals and practices can best prepare for their approval / reapproval. So, if you or your practice will soon be at the receiving end of this, or if you are a TPD helping to run the show locally, then this is the workshop for you. Honest.

## Educational Theory Doesn't Have to be Dreary

*Richard Darnton*

Need a laugh? Educational theory can be useful and fun ... honest! Here we share a smorgasbord of theory bites with related anecdotes that illustrate how they can help enhance your approach to training (or parenting ... or life in general!).

## Differential Attainment

*Vijay Nayar*

Differential attainment refers to the gap in exam pass rates between UK medical school graduates, and international medical graduates (IMGs). This workshop will explore possible reasons behind this especially viewed through the lens of cultural competence.

## Workshop 4

### Training Problems – What to Do

*Keith Cockburn*

Delegates in groups of 3 or 4 will move around stations/tables (5 to 10 mins each) at each of which is a different scenario that describes a significant challenge relating to training. Delegates move around all tables and at the end we will discuss the scenarios and the options.

### Addressing AKT Failure – Individually and as a Group

*John Kedward*

What factors contribute to AKT failure? How do we best support trainees with single and multiple AKT failures? What resources are available? What can we learn from trainees who do well in this examination?

### 'Wot' is this New Audio-COT?

*Richard Darnton*

Work placed based assessment – known and loved by all, especially due to its constantly evolving nature. Come and find out about the latest evolution, the Audio COT, and have a go at marking one.

## Difficult Conversations

*Vijay Nayar*

This workshop will summarise the principles behind why we give feedback and the features of effective feedback. The workshop will then consider why some conversations are more difficult and the blocks we sometimes come across. The workshop will also discuss strategies for having difficult conversations.

# Autumn Seminar - Wednesday 28 September 2016

## Working Together to Shape the Future

### Biographies of Facilitators

#### Mark Attah

Mark Attah is a GP Trainer and Associate Dean for Norfolk. He has worked with the NHS Institute of Innovation and Improvement in helping to build capacity and capability for Quality Improvement. He is currently on the Faculty for the Primary Care Leadership Collaborative.

#### Keith Cockburn

Keith is a GP 3 days a week, Associate Dean for Hertfordshire 2 days a week, potential patient 7 days a week.

#### Richard Darnton

After graduating from Manchester Medical School in 1999, Richard worked in Yorkshire for 11 years. During that period, he developed an interest in teaching medicine, working for the Universities of Sheffield and Leeds as well as the Yorkshire Deanery, performing research in medical education and obtaining a Masters degree in 2007. He is currently a GP trainer in Flitwick, an examiner for the Royal College of GPs and an Associate Dean at HEEoE.

#### John Howard

John is the Postgraduate GP Dean in the East of England with a long involvement in GP education. He is also a Deputy Postgraduate Dean. His particular interests are CPD and the primary care workforce. A former Vice Chair of the Committee of GP Education Directors, John has been awarded a commendation from the Royal College of General Practitioners for outstanding contributions to general practice and primary care. John leads primary care educational work for HEE in the east of England. Outside medical education John sings, walks with his wife and dogs and tries to keep his garden under some sort of control.

#### John Kedward

John Kedward is Associate Postgraduate Dean, Health Education England, with responsibility for: Cambridgeshire, Primary Care Educators, and Out of Hours working for Health Education East of England. John specialises in Out of Hours.

#### Vijay Nayar

Vijay Nayar is a GP Trainer and the Head of GP School working for Health Education East of England. Vijay works with the Professional Support Unit as well as providing careers advice.

#### Chris Rufford

Consultant and senior lecturer in sports and exercise medicine at St Bartholomew's and the Royal London School of Medicine, part time GP in Suffolk, CCG Clinical Executive member and physical activity champion for Public Health England. Worked as a GP in New Zealand where exercise was prescribed on prescription before training in accident and emergency medicine. Since 1998 has been working in sports and exercise medicine and medical education. Works for the London marathon and great north run medical team and has a particular interest in exercise, extreme and expedition medicine.

### Janet Rutherford

Janet is a GP and GP trainer in Bury St Edmunds, West Suffolk. She has been the Associate Dean for Suffolk for two years now and has recently taken over as assessment lead as well.

### Emma Stephens

Emma is a newly qualified salaried GP working in Maldon, Essex. She studied medicine at Keele University and did her Foundation training in Staffordshire before coming home to Essex to embark on her GP training. Emma has an interest in medical education and has just completed her Diploma. She plans to develop a portfolio career in the future to incorporate this interest.

### Roger Tisi

Roger Tisi is a GP in Rayleigh and Associate Dean for God's fair county of Essex, with extended roles in GPST recruitment and the Global Health Fellowship programme. For light relief he works for the RCGP as a CSA examiner / examiner trainer, and he has written on the CSA in GP Update and InnovAiT, with varying degrees of critical acclaim.

### Jo Wren

Jo is one of two Lead Regional Liaison Advisers (RLA) at the GMC. She manages and provides leadership to their team of RLAs across the South of England, as well as leading on projects within the GMC. In addition to this role, she covers the East of England and Buckinghamshire as an RLA, speaking at hospitals, medical schools and meetings rooms about aspects of professional practice. She enjoys understanding the issues and challenges facing doctors, students and patients and ensuring this is fed back into the GMC centrally, and also hearing about the diverse work that doctors are involved in and working with them to understand how their guidance might apply to their situations.