

TIME	MEETING	FACILITATOR	VENUE
08.30 - 09.00	REGISTRATION & COFFEE		BREAKOUT AREA
09.00 - 09.05	Welcome	Janet Rutherford	Essex Suite 1
09.05 - 10.00	From General Practice to Primary Care	Steve Feast	Essex Suite 1
10.00 - 11.00 Workshop 1	How to Teach Using Physical Activity in Clinical Care	Chris Rufford	Essex Suite 1
	Adjusting Nursing Student Placements According to Ability	Nickey Rooke	Essex Suite 2
	Care Navigators	Jacqui Simms	Essex Suite 3
11.00 - 11.30	TEA/COFFEE BREAK		BREAKOUT AREA
11.30 - 12.30 Workshop 2	Practice Based Small Group Learning	Jonathan Rial	Essex Suite 1
	Managing Groups of Learners in the Practice Learning Environment	Rachel Heathershaw	Essex Suite 2
	Introducing Pre-Registration Nurse Placements into Primary Care	Victoria Fennell and Amanda Gibson	Essex Suite 3
12.30 - 13.00	The Long View	John Howard	Essex Suite 1
13.00 - 14.00	LUNCH		MAIN RESTAURANT
14.00 - 15.00 Workshop 3	Assessing Telephone Consultations	Jonathan Rial	Essex Suite 1
	Using Motivational Interviewing with your Trainee	Fiona McMaster	Essex Suite 2
	Exploring the Future of the HCSW in Primary Care	Neil Modha	Essex Suite 3
15.00 - 15.30	TEA/COFFEE BREAK		BREAKOUT AREA
15.30 - 16.30 Workshop 4	Widening Participation in Primary Care to Boost Recruitment	Janet Rutherford and Emma Wakelin	Essex Suite 1
	Leadership Triumvirate	Tom Norfolk and Helen Oliver	Essex Suite 2
	Pre-Registration Pharmacist Placements	Clare Daly	Essex Suite 3
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Autumn Seminar – Friday 30 September 2016

Working Together to Shape the Future

Synopses of Workshops

Keynote

From General Practice to Primary Care

Steve Feast

In order to meet the changing and challenging requirements of a growing population base, health care the NHS and its partners have transformed how people experience services. Yet in many ways primary care has been slower to change. People still commonly ring their surgery to book an appointment, travel and park to then wait and see their doctor or healthcare professional. Then wait again whilst a prescription or investigation request is printed that they take to the pharmacy - before returning to their car and return to home or work. This is out of step with how they lead the rest of their lives.

Is now therefore the time to think very differently as to how primary care is structured, how it engages across organisational boundaries and how it is better organised around the needs and potential of the 'activated' patient.

With thirty years' experience of working within local, regional and national transformation, innovation and policy roles, Dr Steve Feast – formally a GP for sixteen years, will engage the group in a debate and conversation as to how we learn from experience in other sectors and build upon the many strengths of English general practice in order to reshape the future of primary care. This will link to the Eastern Academic Health Science Centres' proposed Primary Care Business Accelerator that will support a number of East Anglian primary care communities to more rapidly develop the services of the future.

Workshop 1

How to Teach Using Physical Activity in Clinical Care

Chris Rufford

Physical inactivity has been called 'the greatest public health threat of the 21st century'. The health costs of inactivity are massive. Exercise can be used both to prevent and treat chronic disease as well as improving surgical outcomes. Exercise has been prescribed on prescription for many years in New Zealand in primary care and at St Bartholomew's & The Royal London School of Medicine, the medical students are taught how to do this!

In this workshop we will look at the physiology behind this as well as working on clinical case scenarios. We will look at brief interventions and how to write a prescription so you can do this yourself in primary care.

Adjusting Nursing Student Placements According to Ability

Nickey Rooke

This workshop will explore how nursing students educational and learning needs change throughout their course and how that may impact on their experiences within primary care placements. Delegates will have the opportunity to explore the range of learning opportunities they can offer nursing students and discuss effective management of the placement experience to adjust to individual student need.

Care Navigators

Jacqui Simms

The health and care system can be confusing and complex for patients and carers. 'Care navigation' is an evolving concept within the UK and 'care navigators' are an emerging group of people working in many sectors to help steer people through and get access to the care they need. At a health policy level the importance of signposting, access to services and coordinating care are emphasised, such as in the

Synopses of Workshops

Five Year view and GP forward view. This workshop intends to outline and discuss some of the background and ongoing work and developments within the UK relating to 'care navigation' and navigators, how these approaches can improve patient care and the importance of education and training in this field.

Workshop 2

Practice Based Small Group Learning

Jonathan Rial

This workshop will look at Practice Based Small Group Learning (PBSGL) as a method of learning together in practice. The workshop will start with an introduction to PBSGL and will be followed by the groups completing a short module before discussing how it might be used locally.

Managing Groups of Learners in the Practice Learning Environment

Rachel Heathershaw

Introducing Pre-Registration Nurse Placements into Primary Care

*Victoria Fennell and
Amanda Gibson*

Learn how Suffolk CEPN has started to introduce pre-registration nurse placements into Primary Care in Suffolk.

Workshop 3

Assessing Telephone Consultations

Jonathan Rial

This workshop will start by looking at the rationale for assessing Telephone consultations and then look specifically at the Audio-COT which is soon to be rolled out by the RCGP. In the second half of the workshop, delegates will assess a telephone consultation and then discuss how they might feed this assessment back.

Using Motivational Interviewing with your Trainee

Fiona McMaster

In this workshop, Dr McMaster will introduce participants to some of the key concepts in motivational interviewing. Through interactive exercises, we will explore where this counselling technique can be used effectively with GP trainees and which strategies are most helpful in encouraging trainees to tackle difficult health behaviour change with patients.

Exploring the Future of the Health Care Support Worker in Primary Care

Neil Modha

This workshop is designed to explore current utilisation of healthcare support workers and the different aspects of primary care that they contribute to. The second part of the workshop will look to the future and considerations of the possibilities of extending roles. The last section will explore barriers to the utilisation and what needs to happen to enable further development of the role.

Workshop 4

Widening Participation in Primary Care to Boost Recruitment

*Janet Rutherford and
Emma Wakelin*

Primary care, in particular general practice, has an aging workforce and increasing demands, yet we are unable to attract new talent to support delivery of service. This workshop focusses on one solution; providing opportunities for young people to experience general practice through work experience and taster placements. We hope that by introducing people to the various roles, opportunities for career progression, and the culture general practice has to offer, that we will increase future supply through "grow your own" routes (apprenticeships) and ensuring more pre-registration and specialist trainees select general practice as a career of choice.

Leadership Triumvirate

Tom Norfolk and Helen Oliver

This workshop will provide an outline for the new East of England Primary Care Leadership Collaborative course. Through interactive exercises, we will be asking your opinions on courses that you have attended in the past and how these could have been improved. There will also be the opportunity to apply to be part of the first cohort for this project!

Pre-Registration Pharmacist Placements

Clare Daly

NHS England has funded a 3 year pilot of Clinical pharmacists in GP Practices. Health Education England (HEE), through the Centre for Pharmacy Postgraduate Education (CPPE), is providing the training pathway for all pharmacists employed in the NHS England bid sites. This workshop will give an overview of the pilot, and specifically the training programme. The workshop will be led by the Education Supervisor of 20 clinical pharmacists in the East of England.

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Working Together to Shape the Future

Biographies of Facilitators

Clare Daly

Clare Daly is a pharmacist who has worked in hospital and community practice during her career. She currently has two roles, working for NIHR Eastern promoting and supporting research in the community pharmacy setting, and CPPE local tutor, and Education Supervisor for clinical pharmacists in the national pilot.

Steve Feast

Steve has recently been appointed as the Managing Director of the Eastern Academic Health Science Network. Prior to this, Steve was Executive Medical Director at North East London Foundation Trust, a large and successful community and mental health provider employing 6000 staff across the challenged health economy of NE London. In this role Steve was a member of NCEL Health Education England board and held several prominent roles within the UCL Partners CLARHC and AHSN.

Prior to working in London, Steve has been deputy CEO and Director for Transformation, NHS Bedfordshire and Luton; Policy Lead for the Inclusion Health team in the UK Cabinet Office; Senior Advisor in Health and Wellbeing Department of Health; Primary Care Transformation Director; and board member NHS Modernisation Agency and Star Ratings Advisor at the Commission for Healthcare Improvement and then the Healthcare Commission.

As an experienced clinician qualified both as a GP and psychiatrist Steve worked for 16 years in GP practice and was one of the founder members of the National Primary and Care Trust Development team (NatPaCT), lead PEC Chair for the East of England as well as Professional Executive Committee Chair of Bedfordshire Heartlands PCT. Steve is a Visiting Professor at University College London.

Victoria Fennell

Victoria Fennell is the Project Lead for the West Suffolk Community Education Provider Network and Apprenticeship Co-ordinator Ipswich & East Suffolk and West Suffolk Clinical Commissioning Groups. Victoria is supporting Primary Care and the wider Health and Social Care System to develop their workforce through education and training.

Amanda Gibson

Amanda Gibson is the Clinical Environment Lead for Suffolk and works in partnership with local healthcare employers and Higher Educational Institutions to assist in developing high quality learning environments, as well as giving support and guidance to practice placement staff, who in turn support the students.

John Howard

John is the Postgraduate GP Dean in the East of England with a long involvement in GP education. He is also a Deputy Postgraduate Dean. His particular interests are CPD and the primary care workforce. A former Vice Chair of the Committee of GP Education Directors, John has been awarded a commendation from the Royal College of General Practitioners for outstanding contributions to general practice and primary care. John leads primary care educational work for HEE in the east of England. Outside medical education John sings, walks with his wife and dogs and tries to keep his garden under some sort of control.

Fiona McMaster

Dr Fiona McMaster is the course leader for the MSc in Public Health at Anglia Ruskin University. Prior to this role, she was a research project director in the USA and a health services researcher for a group of hospitals in Singapore. In addition to postgraduate teaching, Fiona conducts professional development courses for the NHS, local county councils, and charitable organisations. She is a member of the Motivational Interviewing Network of Trainers.

Neil Modha

Dr Neil Modha is a GP Partner at Thistlemoor Medical Centre in Peterborough. The practice looks after 20,000 patients and has been involved in national pilots for its innovative utilisation of HCA's and nurses to help deliver care as part of a team. Dr Neil Modha recently stepped down as Accountable Officer of Cambridgeshire and Peterborough CCG, a post he held for 4 years. As well as medicine he has studied Healthcare Management at Imperial College.

Tom Norfolk

Tom is married with three young children. He is a general dental practitioner who owns and works in a mixed NHS/private practice in Suffolk with seven other dentists. He is the Dental Professional Advisor for NHSE and Chair of the East Anglia Local Dental Network. He was an FD1 trainer for several years as well as a student hygienist trainer with the University of Essex. He is also a council member of the Medical Defence Union. Outside work, Tom enjoys family time, sailing and cycling with his children.

Helen Oliver

Helen Oliver joined the Eastern Academic Health Science Network in September 2016 as Director of Entrepreneurship and Leadership. Previously the Managing Director of Care City, a healthy ageing innovation centre in North London founded by the local authority and local NHS Foundation Trust, she led the work to successfully designate Care City as an NHS England Innovation Test Bed and Healthy New Town. Before Care City, Helen held various positions within Adult Social Care and Community Safety, specialising in large scale adult safeguarding investigations and domestic and sexual violence prevention.

Jonathan Rial

Jonathan Rial is a GP Educator working in the Wessex Deanery. He qualified as a GP in 2010 and has since taken on roles as Programme Director on the Southampton VTS and Associate Dean for ARCP in Wessex. Jonathan also works as an RCGP External Advisor and Deanery Assessment Lead. Jonathan also sits on the core group for WPBA for UK GP training. He is the lead for Practice Based Small Group Learning (PBSGL) in England and works as a salaried GP in Overton.

Nickey Rooke

Nickey Rooke is a Senior Lecturer at the University of Suffolk and is a Registered Nurse and District Nurse with the Nursing and Midwifery Council, she also holds a Senior Fellowship with the Higher Education Academy. As Mentorship lead for the School of Health, Science and Technology she is responsible for developing mentorship across nursing, midwifery, paramedic science and ODP practice across acute, community, primary care and the independent sector. This includes the design and deliver of mentor updates, mentor and educator preparation programmes, paramedic educator preparation and the MA in Healthcare Education. Currently Nickey is completing a PhD in Nursing Studies, examining power relations associated with patient involvement in the practice assessment of adult nursing students.

Biographies of Facilitators

Chris Rufford

Consultant and senior lecturer in sports and exercise medicine at St Bartholomew's and the Royal London School of Medicine, part time GP in Suffolk, CCG Clinical Executive member and physical activity champion for Public Health England. Worked as a GP in New Zealand where exercise was prescribed on prescription before training in accident and emergency medicine. Since 1998 has been working in sports and exercise medicine and medical education. Works for the London marathon and great north run medical team and has a particular interest in exercise, extreme and expedition medicine.

Janet Rutherford

Janet is a GP and GP trainer in Bury St Edmunds, West Suffolk. She has been the Associate Dean for Suffolk for two years now and has recently taken over as assessment lead as well.

Jacqui Simms

Jacqui is a Geriatric and General Internal Medicine Registrar (ST5 level) training in London. She is currently undertaking a Darzi Fellowship, a clinical leadership programme with Health Education England, with projects relating to person centered care. One project relates to care navigation, specifically developing a core competency framework to develop education and training for care navigation. Jacqui's work has involved collaborative research, and many conversations with people from a broad range of sectors, towards developing an understanding of care navigation, throughout London and the UK, of how training and education of current and future 'care navigators' may be supported.

Emma Wakelin

Emma is Strategic Development Manager for the Cambridgeshire and Peterborough Workforce Partnership. She has led the local Primary Care Workforce Development Programme here for the last 18 months and is passionate about developing the workforce to deliver primary care of the future.