### Gathering & Giving information

GPST modular communication skills training ST1

#### Is this familiar?



#### To make it work....









#### Information Giving

- To:
  - Patients
  - Relatives and Carers
  - Other members of the practice team
  - Other members of the primary healthcare team
  - Other health professionals
  - Other agencies

#### Information Giving

► By:

- Verbal Communication
  - Face to face
  - Telephone
- Non-verbal Communication
- Writing
- Leaflet
- Referrals and Reports

#### 3 aspects of information giving

- Providing the right amount and type of information
- Aiding accurate recall and understanding
- Achieving a shared understanding and incorporating the patient's perspective

## Providing the right amount and type of information:

- Assess each individual patient's information needs
- Give comprehensive and appropriate information
- Neither restrict nor overload

# Providing the right amount and type of information: Skills

- Assess patient's starting point
- Chunk and check
- Give explanation at appropriate times
- Ask patient what other information would be helpful

## Aiding accurate recall and understanding:

To make information easier for patient to remember and understand

# Aiding accurate recall and understanding: Skills

- Organise explanation logically
- Language
- Use explicit categorisation or signposting
- Use visual methods to convey information
- Use repetition and summarising
- Check patient's understanding

## Achieving shared understanding incorporating patient's perspective:

- Provide explanations that relate to patient's view of problem
- Discover patent's thoughts and feelings about information given
- Encourage interaction rather than one way transmission

Achieving shared understanding incorporating patient's perspective: Skills

- Relate explanation to patient's view of the problem
- Provide opportunity and encouragement for patient to contribute
- Pick up verbal and non verbal cues
- Elicit patient's beliefs, reactions and feelings