**East Anglia Foundation School**

**Individual Placement Description**

**Peterborough and Stamford Hospitals NHS Foundation Trust**

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| **Placement** | F1 Oncology and Palliative Care |
| **The department** | **Oncology**The haematology and oncology unit is a brand new stand alone unit at Peterborough City Hospital with a chemotherapy day unit, 18 bed ward, out patient facility and Radiotherapy department. There are 3 local consultant oncologists, 4 visiting consultant oncologists and 4 consultant haematologists.**Palliative Care** Thorpe Hall is a well establishes 20 bed inpatient unit, we provide specialist palliative care services to people from Peterborough, Cambridgeshire, Lincolnshire, Fenland, Northamptonshire, Leicestershire and Rutland. Our multi-professional team addresses the physical as well as psychological, social and spiritual needs of the patient and their family, aiming to help them achieve the best possible quality of life. Members of the MDT include: Consultant led medical team, nursing team, physiotherapist, occupational therapist, patient affairs officer for welfare and funding support, family support team who also offer a bereavement service for adults and children, chaplain, clinical psychologist and complementary therapists. There are a number of volunteers who support the staff in various roles throughout the service |
| **The type of work to expect and learning opportunities** | All F1 doctors in hospital posts will general be ward based during the ‘normal’ working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to:* Take a history and examine a patient
* Identify and synthesise problems
* Prescribe safely
* Keep an accurate and relevant medical record
* Manage time and clinical priorities effectively
* Communicate effectively with patients, relatives and colleagues
* Use evidence, guidelines and audit to benefit patient care
* Act in a professional manner at all times
* Cope with ethical and legal issues which occur during the management of patients with general medical problems
* Educate patients effectively
* Become life-long learners and teachers
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| **Where the placement is based** | This post is divided equally between Oncology (2 months) and Palliative Care (2 months)Oncology is based at Peterborough City Hospital.Palliative Care is based at Sue Ryder Home, Thorpe Hall, Peterborough |
| **Clinical Supervisor(s) for the placement** | Dr C Jephcott and Dr S Bell |
| **Main duties of the placement** | **Oncology**General ward work and management of in patient haematology and oncology patients under the supervision of specialist registrars and consultants with a FY1 and 2 ST1 doctors also on the rotation. Assessment of Day case patients receiving chemotherapy under supervision of senior doctors. Encouraged to attend outpatient clinic as observer, MDTs and RT unit. FY1 Oncology RotationAim of rotation is to offer a broad introduction to the management of cancer patients in the In and Outpatient setting. Aim to gain basic medical skills in patient assessment, clerking and management planning for patients which will be relevant to many medical specialities* perform ward work and ward rounds.
* assess elective and emergency admissions with help and supervision from senior medical staff

Aim to gain experience of basic clinical practical procedures by performing or observing:-PhlebotomyCannulationChest Aspiration/Chest DrainParacentesisCentral Line insertion ( observation only )* through ward work
* through observation in Day unit

Aim to attain basic knowledge of treatment modalities for cancer : surgery, radiotherapy, chemotherapy and MDT management:-* Attend planning and treatment sessions on RT
* Attend chemotherapy administration in clinic 8
* Attend weekly MDT meetings in breast, colorectal and urology/ head and neck.

Aim to understand treatment side effects* Attend OPD consultations
* Discuss with nurses and patients in chemo suite
* Discuss with radiographers
* Attend to admissions on ward for side effects necessitating admission

Aim to understand basic management of common cancer sites* breast, colorectal, prostate, lung, etc.
* review cases seen in general ward work for case presentation at teaching session,
* gain knowledge in OPD clinics

Aim to be able to recognise and treat oncological emergencies:-* Neutropaenic Sepsis
* Spinal Cord Compression
* SVCO
* Hypercalcaemia

Aim to improve case presentation skills and expand knowledge of medical problems with clinical case presentations.- attend teaching session and on ward roundsAim to understand patient journey by following a patient from diagnosis to treatment* identify patient in OPD and attend their subsequent visits for assessment and treatment.

Understand roles of different staff involved in cancer care by spending at least one session with:-* Trials Nurse –Specialist nurse ( colorectal, lung, gynae, upper GI )
* MDT coordinator
* Radiographer
* Physio and OT

Clinical Governance/ audit- aim to understand role of audit by completing a simple audit. **Palliative Care** The inpatient unit at Thorpe Hall offers considerable experience in symptom control, multidisciplinary team working, end of life care and bereavement counselling. There will be formal teaching sessions from one of the in house team on Thursdays.The trainee will be expected to:* attend referral meetings
* attend weekly MDT meetings
* work alongside the in-house medical team under the supervision of the consultants
* participate in daily patient reviews
* daily ward tasks, e.g. taking bloods, routine paperwork including death certification
* admit new patients (initially under supervision) and liaise with their families
* devise a management plan for new patients and monitor them during admission
* keep clear, legible and concise medical notes
* communicate and work with nursing and other professional colleagues
* participate in weekly journal club, presenting on at least one occasion

**Assessments**There are many opportunities to undertake workplace based assessments during this attachment, in particular: DOPS for syringe drivers, Mini-CEX for symptom management and communication skills and CBD of ethical issues. |
| **Typical working pattern in this placement** | **Oncology**Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions

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| Mon  | am: Ward work/Day unit reviews/ GI/Lung clinic Lung pm: Ward round oncology  |
| Tues  | am: Ward workpm: Haematology teaching  |
| Weds | am: Ward work/ Gynae clinic/ breast clinicpm: Oncology WR  |
| Thurs | am: Ward work/ day unit review/ urology clinicpm: central FY1 teaching, Oncology teaching |
| Fri | am: Haematology WR pm: ward work/ oncology ward round |
| *On call requirements* | None |

**Palliative Care**

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| Mon  | Ward work as above & Consultant ward round |
| Tues  | Ward work as above & Consultant ward round |
| Weds | Ward work and afternoon MDT  |
| Thurs | Formal teaching with SpR, ward work, FY teaching at PCH |
| Fri | Ward work  |
| Sat/Sun | **N/A** |
| *On call requirements* | **N/A** |

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| **Employer information** | The employer for this post is Peterborough & Stamford Hospitals NHS Foundation Trust. The post will be based in Peterborough City Hospital for Oncology and at Sue Ryder, Thorpe Hall, Peterborough for Palliative Care.A new acute hospital development, Peterborough City Hospital comprises an Emergency Care Centre, Woman & Child Unit, a diagnostic and treatment centre, inpatient (611beds), cancer services and an educational and training centre. The Trust provides acute hospital care for a population of approximately 350,000. |

It is important to note that this description is a typical example of your placement and may be subject to change.