  

**Essex, Beds and Herts Foundation School Individual Placement Individual Placement Description**

All information to be completed by the Foundation School.

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| **Placement** | **F1 Rheumatology** |
| **Department** | Rheumatology Department, General Medicine |
| **Location** | West Hertfordshire Hospitals NHS Trust  Watford General Hospital |
| **The type of work to expect and learning opportunities** | * Daily Ward rounds (x3/week Consultant led), general ward jobs, TTAs, daily MDT meeting. Care of general medical patients and occasionally complex rheumatology patients requiring inpatient investigation and treatment. * There is a monthly Rheumatology Department Educational Meeting and a weekly X-ray meeting with Dr Baburaj. * Rheumatology tutorials once a month. * There will be opportunity to attend rheumatology outpatient clinics which will be identified at the start of their placement. * Trainees will be encouraged to accompany the SpR to the Helen Donald Unit where they can benefit from seeing patients with complex multisystem disease requiring biological therapy and to see ward referrals to learn joint aspiration and injection. |
| **Supervisor(s)** | Dr Leena Patel, Dr Krishnan Baburaj and Dr Sundeept Bhalara |
| **Main duties of the placement** | Preparing notes for ward rounds, going on ward round, doing jobs from ward round. Reviewing sick patients, clerking in patients, on call commitments. |
| **Typical working pattern in this placement** | **Mon**:0900 – 1200 Consultant WR  PM Ward jobs/ OPD clinic  **Tues**:0900 – 1200SpR/ CMT WR  1200 – 1400 F1 Teaching  1400 – 1700 Departmental Meeting /Journal Club  Rheumatology Teaching (monthly)  Ward Jobs  **Wed**:0900 – 1200 Consultant WR  1400 - 1700 Ward jobs  **Thurs**:0900 – 1200SpR/ CMT WR  1230 – 1330 X-Ray meeting  1400 - 1700 Ward Jobs  **Fri**:0900 – 1200 Consultant WR  1300 – 1400 Grand Round  1400 - 1700 Ward Jobs |
| **Employer information** | West Hertfordshire Hospitals NHS Trust provides acute healthcare services to a core catchment population of approximately half a million people living in west Hertfordshire and the surrounding area. The Trust also provides a range of more specialist services to a wider population, serving residents of North London, Bedfordshire, Buckinghamshire and East Hertfordshire. With around 4,300 staff and 350 volunteers at our three hospitals in Watford, St Albans and Hemel Hempstead, we are one of the largest employers locally.  The Trust manages three hospitals:   * [Hemel Hempstead Hospital](http://www.westhertshospitals.nhs.uk/about/our_hospitals.asp) * [St Albans City Hospital](http://www.westhertshospitals.nhs.uk/about/our_hospitals.asp) * [Watford General Hospital](http://www.westhertshospitals.nhs.uk/about/our_hospitals.asp)   **Hemel Hempstead Hospital**  The clinical services offered at Hemel Hempstead include:   * antenatal and community midwifery; * outpatients; * step down beds; * urgent care centre; * medical care, including endoscopy and cardiac lung function testing; * clinical support, including X-ray, CT, MRI, ultrasound and non-urgent pathology.   **St Albans City Hospital**  St Albans is our elective care centre. The clinical services offered include:   * antenatal and community midwifery; * outpatients; * Minor injuries unit; * elective and day surgery; * sexual health; * clinical support, including X-ray, ultrasound, mammography and blood and specimen collection.   **Watford Hospital**  Watford is at the heart of our acute emergency services.  The clinical services offered include:   * women’s and children’s services, including a consultant delivery unit, midwife birthing unit, antenatal and postnatal clinics; * emergency care, including accident and emergency, acute admissions unit ambulatory care unit, acute wards, intensive care unit, and emergency surgery; * planned care, including outpatients and complex surgery; * medical care, including endoscopy, cardiology and chemotherapy; * sexual health; * clinical support, including X-ray, CT, MRI, ultrasound and urgent and non-urgent pathology   Together with our staff, patients, volunteers and health and social care partners, we strive to provide consistently good, safe care in a friendly, listening and informative way, as and when people need and want it and always with dignity and respect. |
| **Travel between sites and/or community placements** | The Trust will reimburse travel expenses for trainees who may be required to travel between hospital sites and/or community placements.  Some visits may not be easily accessible by public transport and therefore having a car would be an advantage. |

It is important to note that this description is a typical example of your placement and may be subject to change.