East of England School of Anaesthesia and ICM Stage 3 Clinical SIA Guide

Introduction:

During stage 3 of the Anaesthetics Curriculum, 12 months (whole time equivalent) of training must be undertaken in one or more areas of special interest. This allows the anaesthetist in training to develop knowledge and skills to enable them to gain the capabilities required to be an independent practitioner. It also prepares them for specialised areas of anaesthetic practice that they may want to pursue as a consultant or in preparation for additional training opportunities that might be undertaken in a more specialised area of anaesthetics practice after gaining CCT.

Special Interest Area (SIA) training is not separate from that of stage 3. In fact the capabilities acquired during this training inform the capabilities of stage 3. This is particularly relevant for the generic professional domains of learning. Stage 3 domains and the special interest areas together lead to achievement of independent practice.

The SIAs are undertaken over a period of one year during stage 3 of training. The time taken in each SIA depends on the type of SIA. The year may be a single SIA or combination of SIAs such as:

- ▶ 1 year of single SIA from group 1 or 2 x 6 month SIA from group 1
- ▶ 1 SIA from group 1 plus 1 or 2 from group 2
- up to 3 from group 2
- Additional Intensive Care plus 1 from group 1 or 1 or 2 from group 2.

Those in the Dual Anaesthetics and ICM programme will use the SIA year for completing stage 3 ICM training.

Anaesthetists in training undertaking Pre-Hospital Emergency Medicine (PHEM) training will do the Transfer Medicine and Trauma and Stabilisation SIAs plus the stage 3 Resuscitation and Transfer HALO in their PHEM year.

SIA Groups

Group 1: 6 months to 1 year

- Anaesthesia for Cardiac Surgery (12 months in the East of England)
- Anaesthesia for Neurosurgery (12 months in the East of England)
- Obstetric Anaesthesia (6 months in the East of England)
- Paediatric Anaesthesia (12 months at GOSH)
- Pain Medicine (12 months in the East of England)

Group 2: 3 to 6 months

- Acute Inpatient Pain
- Anaesthesia for Bariatric Surgery
- Anaesthesia for Complex Orthopaedic Surgery
- Anaesthesia for Hepato-Pancreato-Biliary Surgery
- Anaesthesia for Major General Surgery
- Anaesthesia for Ophthalmic Surgery
- Anaesthesia for Patients with Complex Airway
- Anaesthesia for Plastic Surgery and Burns Management
- Anaesthesia in Resource Poor Environments
- Anaesthesia for Thoracic Surgery
- Anaesthesia for Vascular Surgery
- Military Anaesthesia
- Perioperative Medicine
- Regional Anaesthesia
- Transfer Medicine
- Trauma and Stabilisation

Additional Intensive Care: 6 months

Paediatric Anaesthesia for the DGH paediatric anaesthetist: 6 months

Stage 3 SIA Recognised Trusts, East of England:

<u>Group 1</u>:

Anaesthesia for Cardiac Surgery (12 months in the East of England) Royal Papworth Hospital NHS Foundation Trust

Anaesthesia for Neurosurgery (12 months in the East of England)
Cambridge University Hospital NHS Foundation Trust

Obstetric Anaesthesia (6 months in the East of England)
Cambridge University Hospital NHS Foundation Trust
Norfolk and Norwich NHS Foundation Trust
Broomfield Hospital – Mid and South Essex NHS Foundation Trust
Lister Hospital – East and North Hertfordshire NHS Trust
Peterborough City Hospital – North West Anglia NHS Foundation Trust
Luton and Dunstable – Bedfordshire Hospitals NHS Foundation Trust

Paediatric Anaesthesia (12 months at GOSH)
Great Ormond Street Children's Hospital – competitive appointment

Pain Medicine (12 months in the East of England delivered across two sites)

Cambridge University Hospital NHS Foundation Trust Norfolk and Norwich NHS Foundation Trust Broomfield Hospital – Mid and South Essex NHS Foundation Trust The Queen Elizabeth Hospital King's Lynn NHS Foundation Trust Peterborough City Hospital – North West Anglia NHS Foundation Trust

Group 2:

Acute Inpatient Pain

Broomfield Hospital – Mid and South Essex NHS Foundation Trust Cambridge University Hospital NHS Foundation Trust Norfolk and Norwich NHS Foundation Trust

Anaesthesia for Bariatric Surgery

Currently not available

SIA in development at Luton and Dunstable but not approved yet

Anaesthesia for Complex Orthopaedic Surgery

Cambridge University Hospital NHS Foundation Trust Norfolk and Norwich NHS Foundation Trust

Anaesthesia for Hepato-Pancreato-Biliary Surgery

Cambridge University Hospital NHS Foundation Trust Norfolk and Norwich NHS Foundation Trust

Anaesthesia for Major General Surgery

Cambridge University Hospital NHS Foundation Trust Norfolk and Norwich NHS Foundation Trust Luton and Dunstable Bedfordshire Hospitals NHS Foundation Trust Lister Hospital – East and North Hertfordshire NHS Trust Broomfield Hospital – Mid and South Essex NHS Foundation Trust Ipswich Hospital – East Suffolk and North Essex (3 months paired with NNUH or CUH)

Anaesthesia for Ophthalmic Surgery

Currently not available

Anaesthesia for Patients with Complex Airway ► Cambridge University Hospital NHS Foundation Trust Norfolk and Norwich NHS Foundation Trust Luton and Dunstable Bedfordshire Hospitals NHS Foundation Trust Broomfield Hospital Mid and South Essex NHS Foundation Trust

Anaesthesia for Plastic Surgery and Burns Management

Broomfield Hospital Mid and South Essex NHS Foundation Trust (competitive appointment)

Anaesthesia in Resource Poor Environments Currently not available

Anaesthesia for Thoracic Surgery Norfolk and Norwich NHS Foundation Trust Royal Papworth Hospital NHS Foundation Trust *Essex Cardiothoracic Centre (SIA currently in development – pending presentation to TPDs)*

Anaesthesia for Vascular Surgery Cambridge University Hospital NHS Foundation Trust Norfolk and Norwich NHS Foundation Trust Lister Hospital East and North Hertfordshire NHS Trust Colchester East Suffolk and North Essex NHS Trust



Currently not available

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Perioperative Medicine

Broomfield Hospital Mid and South Essex NHS Foundation Trust Cambridge University Hospital NHS Foundation Trust Norfolk and Norwich NHS Foundation Trust Lister Hospital East and North Hertfordshire NHS Trust Colchester East Suffolk and North Essex NHS Trust

Regional Anaesthesia

Broomfield Hospital – Mid and South Essex NHS Foundation Trust Cambridge University Hospital NHS Foundation Trust Norfolk and Norwich NHS Foundation Trust Lister Hospital – East and North Hertfordshire NHS Trust Peterborough City Hospital - North West Anglia NHS Foundation Trust The Queen Elizabeth Hospital King's Lynn NHS Foundation Trust Princess Alexandra Hospital Harlow

Transfer Medicine

PHEM appointment



Trauma and Stabilisation

PHEM appointment

Additional Intensive Care: 6 months

Cambridge University Hospital NHS Foundation Trust Norfolk and Norwich NHS Foundation Trust Broomfield Hospital – Mid and South Essex NHS Foundation Trust Lister Hospital – East and North Hertfordshire NHS Trust West Suffolk NHS Foundation Trust

Paediatric Anaesthesia for the DGH paediatric anaesthetist – 6 months

Cambridge University Hospital NHS Foundation Trust Norfolk and Norwich NHS Foundation Trust