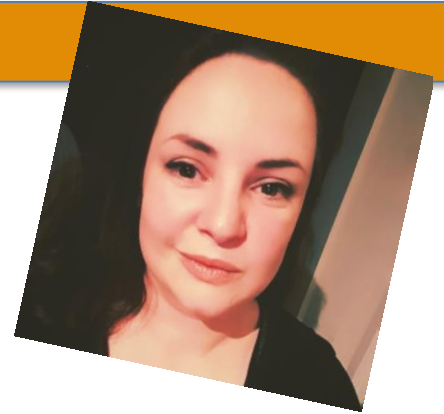


Laura Blackburn

Norfolk and Norwich University Hospital

Specialist trainee in Gastroenterology and GIM



Short summary of career

I graduated from The University of East Anglia in 2011. Since then I spent my time between local University and DGHs.

I am currently a Gastroenterology trainee in the Eastern Deanery with an interest in education, mentoring and leadership.

My short and medium term educational goals include development of a regional gastroenterology mentoring scheme, attainment of the ILM 7 coaching and mentoring certificate, completion of my Masters in Clinical Education and development of my teaching and mentoring portfolio.

Participation in the Edward Jenner programme has helped me to advance my leadership skills and apply this to my roles in exception reporting, education and mentoring.

Thoughts on mentoring

Mentoring is concerned with the mentees goals; their interests and passions; their internal and external influences. Raising the profile of mentoring throughout the region will play a major part in increasing mentor recruitment and mentee interest over the next few years. My hope is that it will grow into something that is seen as an intrinsic part of personal and professional development which supports trainees in reaching not just their potential but beyond.

Personal background

I currently live in Norfolk with my partner (who is not a medic) and two young children. My time outside of work is mostly spent with my family, projects associated with medicine, exam preparation and not having lie-ins.

I also spend my free time mentoring other junior doctors and potential medical students through The Social Mobility Foundation. I am also an active member of the Soroptomist Society.

Specialist areas

- Gastroenterology
- Mentoring
- Education
- Simulation
- Leadership as a junior doctor
- Balancing work and family commitments