



# Paediatric Training at Bedford Hospital

## *Welcome to Bedford*

*The county town of Bedford is in one of England's smallest counties, flanked east and west by tourist hotspots like Oxford and Cambridge and just a 35 minute train journey from central London.*

*Renowned as having one of the finest riverside settings in the country*



## *Living in the area*



Bedford has a varied selection of accommodation for rent or purchase, both in rural and urban surroundings. Schooling and education are prominent features in Bedford. The University of Bedfordshire has a campus in the town; Bedford College also offers a comprehensive range of courses. Cranfield University is located in the local area. The hospital is situated within walking distance of the town centre.

Bedford and several villages to the north are situated on the River Great Ouse, which is a very attractive feature of the area. The river is an important feature and provides a focus for a very strong rowing community and Bedford River Festival held every two years, a large free outdoor event.

The area is well provided for sport, leisure and cultural activities including Bedford International Athletic Stadium, five golf courses, three rowing clubs, Bedford Rugby Club, Bedford Town Football Club and several swimming pools. The world-famous Philharmonic Orchestra has a residency at Bedford Corn Exchange, where it performs eight concerts each year, as well as involvement in educational activity in schools and the local community.



*For further information visit:*

[http://www.bedford.gov.uk/leisure\\_and\\_culture/tourism\\_and\\_travel.aspx](http://www.bedford.gov.uk/leisure_and_culture/tourism_and_travel.aspx)



## *Bedford Hospital*

Bedford Hospital **NHS**  
NHS Trust

Bedford Hospital was erected on the site of the Bedford General Infirmary. The Infirmary was originally opened in 1803 providing accommodation for 38 patients. The hospital was financed from money left by Samuel Whitbread of Cardington.



The hospital was later renamed Bedford General Hospital (South Wing) and in conjunction with Bedford General Hospital (North Wing), a hospital of 220 beds, formed Bedford General Hospital, providing a district hospital service for north Bedfordshire.





## *Bedford Hospital*

Bedford Hospital **NHS**  
NHS Trust



Bedford Hospital has continued to expand with extensive redevelopment and new builds. The Hospital was delighted to be named the country's most improved hospital following the Government's review of health services. It has been a top 40 CHKS hospital for the last 7 years and has received gold standard status for cleanliness and catering





## *Paediatrics in Bedford*

### Riverbank Ward

The department of Paediatrics is housed within the Cygnet Wing, a purpose built maternity and paediatric unit which opened in 1996. The consultant and midwife led maternity service deliver over 3000 deliveries a year. The Accident and Emergency Department sees more than 16000 children each year. All the paediatric services including the Outpatients and neonatal services are under one roof in very pleasant surroundings. The unit also has an enclosed garden and a play room. The children's ward comprises 11 surgical, 9 CAU beds, 14 cubicles (6 with en-suite) and an Ambulatory Care area. The shortest possible stay for inpatients is encouraged and has grown into an innovative model of appropriate care for children and their families





## *Paediatrics in Bedford*

### Meadowbank Ward

This is a Special Care Unit (level 1 neonatal unit) with highly skilled and dedicated staff led by two consultants with an interest in neonatology. The modern unit has 12 cots and is very well equipped. There is a team of community nurses to assist early discharge of babies from the neonatal unit.

The unit continues to have the potential to operate at level 2; it operates within the neonatal network and links with the Level 2 unit in East and North Hertfordshire and the Level 3 unit at the Luton & Dunstable Hospital. We admit babies up to 30 weeks of gestation but we also help to stabilise babies born at lower gestations quite frequently to be transferred to a tertiary unit





## *Paediatrics in Bedford*

### Outpatient Clinics

We have regular general outpatient clinics. We also have many specialist clinics including diabetes, endocrinology, cardiology, CF, syncope, audiology, epilepsy, infant clinics, rapid access, allergy, Haematology, rheumatology etc. We have visiting specialists from Great Ormond street Hospital, Addenbrooke's Hospital and St. Mary's Hospital (London)



## *Paediatrics in Bedford*

### The Paediatric medical team

We are a small but an extremely friendly team and we strive to provide training based on the doctors' capabilities and interests. You would be supported throughout your training period by experienced consultants. There are plenty of opportunities to learn general paediatric care as in a medium sized DGH and also lots of specialist clinics to attend if interested.



The consultants in acute paediatrics are:

Dr O Kwapong (Named Doctor for Safeguarding Children and Young People)  
Dr S Pradhan (Cystic Fibrosis/ Oncology)  
Dr B Khetriwal (Diabetes)  
Dr P Nair (Cardiology, College Tutor)  
Dr R Arora (Clinical lead, Audiology, Epilepsy)  
Dr A Mittal (Neonatal lead)  
Dr R D Mehta (Rheumatology and Non Oncology Haematology) – Part time  
Dr P Tambe (CAU, Allergy)  
Dr Mya Mya Yee (locum Consultant, NNU)

† Specialty Doctor: Dr Paul Dekyem



## Paediatrics in Bedford

### Example of tier 2 rota:

NWD: Normal working day 9-5;  
 either Riverbank/ Meadowbank  
 Ward (NNU)/ Clinic/  
 Community;  
 LD- 9am-930pm;  
 N- 9pm to 930am

1	Week 1	Monday	01/08/2016	LD	NWD	NWD	OFF	N	AL	OFF
2		Tuesday	02/08/2016	NWD	NWD	LD	NWD	N	AL	OFF
3		Wednesday	03/08/2016	NWD	OFF	NWD	LD	N	AL	OFF
4		Thursday	04/08/2016	NWD	LD	NWD	NWD	N	AL	NWD
5		Friday	05/08/2016	LD	NWD	N	OFF	OFF	AL	NWD
6		Saturday	06/08/2016	42588 LD	OFF	N	OFF	OFF	OFF	OFF
7		Sunday	07/08/2016	42589 LD	OFF	N	OFF	OFF	OFF	OFF
8	Week 2	Monday	08/08/2016	NWD	NWD	OFF	N	AL	OFF	LD
9		Tuesday	09/08/2016	NWD	LD	NWD	N	AL	OFF	NWD
10		Wednesday	10/08/2016	OFF	NWD	LD	N	AL	OFF	NWD
11		Thursday	11/08/2016	LD	NWD	NWD	N	AL	NWD	NWD
12		Friday	12/08/2016	NWD	N	OFF	OFF	AL	NWD	LD
13		Saturday	13/08/2016	OFF	N	OFF	OFF	OFF	OFF	LD
14		Sunday	14/08/2016	OFF	N	OFF	OFF	OFF	OFF	LD
15	Week 3	Monday	15/08/2016	NWD	OFF	N	AL	OFF	LD	NWD
16		Tuesday	16/08/2016	LD	NWD	N	AL	OFF	NWD	NWD
17		Wednesday	17/08/2016	NWD	LD	N	AL	OFF	NWD	OFF
18		Thursday	18/08/2016	NWD	NWD	N	AL	NWD	NWD	LD
19		Friday	19/08/2016	N	OFF	OFF	AL	NWD	LD	NWD
20		Saturday	20/08/2016	N	OFF	OFF	OFF	OFF	LD	OFF
21		Sunday	21/08/2016	N	OFF	OFF	OFF	OFF	LD	OFF
22	Week 4	Monday	22/08/2016	OFF	N	AL	OFF	LD	NWD	NWD
23		Tuesday	23/08/2016	NWD	N	AL	OFF	NWD	NWD	LD
24		Wednesday	24/08/2016	LD	N	AL	OFF	NWD	OFF	NWD
25		Thursday	25/08/2016	NWD	N	AL	NWD	NWD	LD	NWD
26		Friday	26/08/2016	OFF	OFF	AL	NWD	LD	NWD	N
27		Saturday	27/08/2016	OFF	OFF	OFF	OFF	LD	OFF	N
28		Sunday	28/08/2016	OFF	OFF	OFF	OFF	LD	OFF	N
29	Week 5	Monday	29/08/2016	N	AL	OFF	LD	NWD	NWD	OFF
30		Tuesday	30/08/2016	N	AL	OFF	NWD	NWD	LD	NWD
31		Wednesday	31/08/2016	N	AL	OFF	NWD	OFF	NWD	LD
32		Thursday	01/09/2016	N	AL	NWD	NWD	LD	NWD	NWD
33		Friday	02/09/2016	OFF	AL	NWD	LD	NWD	N	OFF
34		Saturday	03/09/2016	OFF	OFF	OFF	LD	OFF	N	OFF
35		Sunday	04/09/2016	OFF	OFF	OFF	LD	OFF	N	OFF
36	Week 6	Monday	05/09/2016	AL	OFF	LD	NWD	NWD	OFF	N
37		Tuesday	06/09/2016	AL	OFF	NWD	NWD	LD	NWD	N
38		Wednesday	07/09/2016	AL	OFF	NWD	OFF	NWD	LD	N
39		Thursday	08/09/2016	AL	NWD	NWD	LD	NWD	NWD	N

Tier 2: 4 ST4+ Trainees (1 community) and 3 Senior Clinical fellows on 1:7 Rota



## Paediatrics in Bedford

### Example of tier 1 rota:

You would be based on paediatric or neonatal unit or clinic or community during your day time shifts 09:00-17:00,

PM shifts are from 13:30 to 21:30.

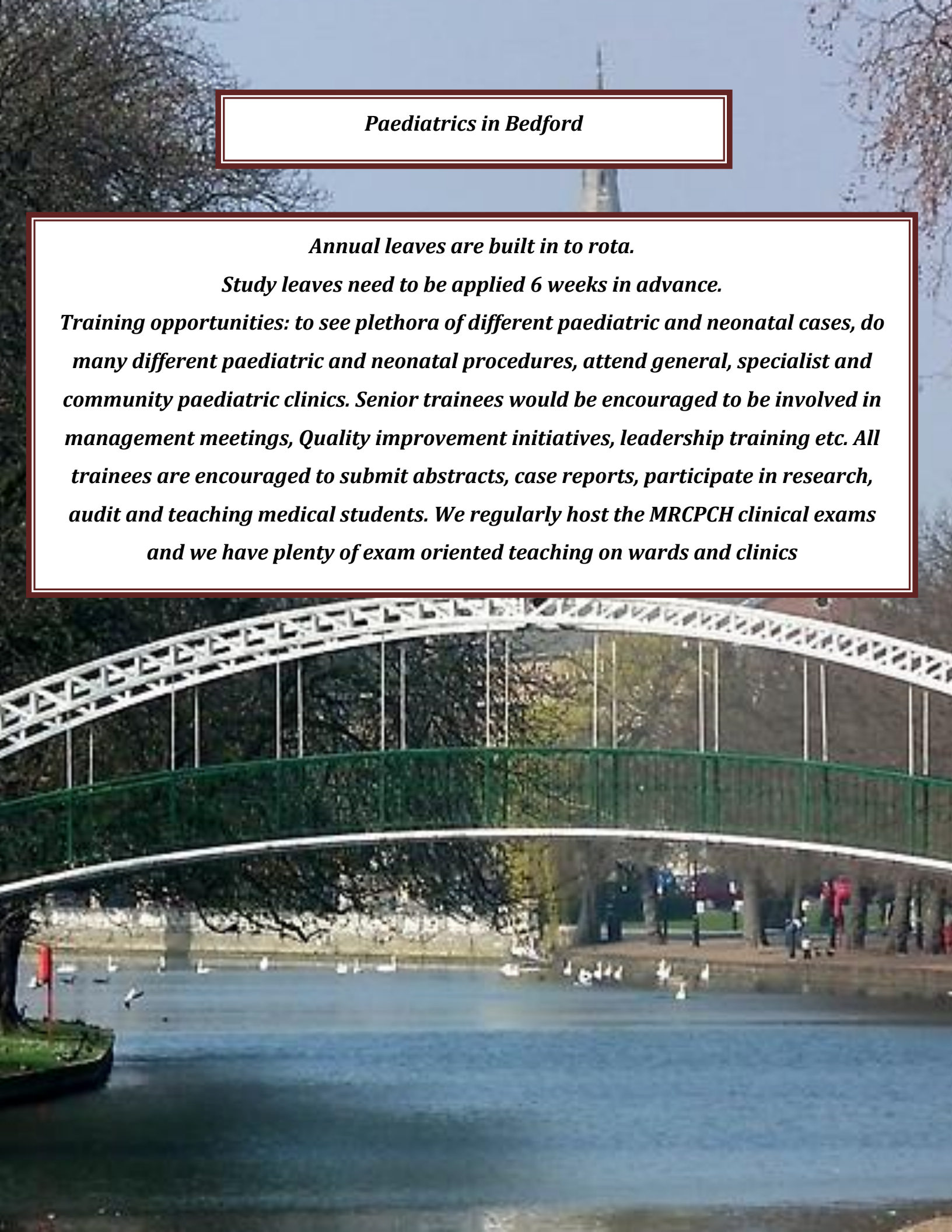
LD is from 09:00 to 21:30

N is from 21:00 to 09:30.

1	Wednesday	07/12/2016	GP COM	NWD	OFF	AM	AL	N	LD	PM
2	Thursday	08/12/2016	GP COM	OFF	LD	AM	AL	N	NWD	PM
3	Friday	09/12/2016	GP COM	LD	NWD	AM	AL	OFF	PM	N
4	Saturday	10/12/2016	OFF	LD	OFF	AM	OFF	OFF	OFF	N
5	Sunday	11/12/2016	OFF	LD	OFF	AM	OFF	OFF	OFF	N
6	Week 8	Monday	12/12/2016	PM	GP COM	LD	NWD	AM	OFF	N
7	Tuesday	13/12/2016	PM	GP COM	NWD	LD	AM	AL	N	OFF
8	Wednesday	14/12/2016	PM	GP COM	NWD	OFF	AM	AL	N	LD
9	Thursday	15/12/2016	PM	GP COM	OFF	LD	AM	AL	N	NWD
10	Friday	16/12/2016	N	GP COM	LD	NWD	AM	AL	OFF	PM
11	Saturday	17/12/2016	N	OFF	LD	OFF	AM	OFF	OFF	OFF
12	Sunday	18/12/2016	N	OFF	LD	OFF	AM	OFF	OFF	OFF
13	Week 1	Monday	19/12/2016	OFF	PM	GP COM	LD	NWD	AM	OFF
14	Tuesday	20/12/2016	OFF	PM	GP COM	NWD	LD	AM	AL	N
15	Wednesday	21/12/2016	LD	PM	GP COM	NWD	OFF	AM	AL	N
16	Thursday	22/12/2016	NWD	PM	GP COM	OFF	LD	AM	AL	N
17	Friday	23/12/2016	N	N	GP COM	LD	NWD	AM	AL	OFF
18	Saturday	24/12/2016	OFF	N	OFF	LD	OFF	AM	OFF	OFF
19	Sunday	25/12/2016	OFF	N	OFF	LD	OFF	AM	OFF	OFF
20	Week 2	Monday	26/12/2016	N	OFF	PM	GP COM	LD	NWD	AM
21	Tuesday	27/12/2016	N	OFF	PM	GP COM	NWD	LD	AM	AL
22	Wednesday	28/12/2016	N	LD	PM	GP COM	NWD	OFF	AM	AL
23	Thursday	29/12/2016	N	NWD	PM	GP COM	LD	LD	AM	AL
24	Friday	30/12/2016	OFF	PM	N	GP COM	LD	NWD	AM	AL
25	Saturday	31/12/2016	OFF	OFF	N	OFF	LD	OFF	AM	OFF
26	Sunday	01/01/2017	OFF	OFF	N	OFF	LD	OFF	AM	OFF
27	Week 3	Monday	02/01/2017	OFF	N	OFF	PM	GP COM	LD	NWD
28	Tuesday	03/01/2017	AL	N	OFF	PM	GP COM	NWD	LD	AM
29	Wednesday	04/01/2017	AL	N	LD	PM	GP COM	NWD	OFF	AM
30	Thursday	05/01/2017	AL	N	NWD	PM	GP COM	OFF	LD	AM
31	Friday	06/01/2017	AL	OFF	PM	N	GP COM	LD	NWD	AM
32	Saturday	07/01/2017	OFF	OFF	N	OFF	LD	OFF	OFF	AM
33	Sunday	08/01/2017	OFF	OFF	N	OFF	LD	OFF	OFF	AM
34	Week 4	Monday	09/01/2017	AM	OFF	N	OFF	PM	GP COM	LD
35	Tuesday	10/01/2017	AM	AL	N	OFF	PM	GP COM	NWD	LD
36	Wednesday	11/01/2017	AM	AL	N	LD	PM	GP COM	NWD	OFF
37	Thursday	12/01/2017	AM	AL	N	NWD	PM	GP COM	OFF	LD
38	Friday	13/01/2017	AM	AL	OFF	PM	N	GP COM	LD	NWD
39	Saturday	14/01/2017	AM	OFF	OFF	OFF	N	OFF	LD	OFF
40	Sunday	15/01/2017	AM	OFF	OFF	OFF	N	OFF	LD	OFF

Tier 1: 4 GPSTs, 2 FY2 and 2 Paediatric ST1-2 (currently junior clinical fellows/LAS) on 1:8 rota



The background of the slide is a photograph of a park. In the foreground, there is a blue lake with several white swans swimming. A white metal bridge with a green safety fence arches over the lake. In the background, there are trees and a tall, thin tower or spire against a clear blue sky.

## ***Paediatrics in Bedford***

***Annual leaves are built in to rota.***

***Study leaves need to be applied 6 weeks in advance.***

***Training opportunities: to see plethora of different paediatric and neonatal cases, do many different paediatric and neonatal procedures, attend general, specialist and community paediatric clinics. Senior trainees would be encouraged to be involved in management meetings, Quality improvement initiatives, leadership training etc. All trainees are encouraged to submit abstracts, case reports, participate in research, audit and teaching medical students. We regularly host the MRCPCH clinical exams and we have plenty of exam oriented teaching on wards and clinics***



## *Paediatrics in Bedford*

# Teaching sessions & Trainee Voice:

We are proud of our teaching and learning opportunities. Our teaching days are as follows:

Mondays, Wednesday and Fridays: 1- 2pm on Riverbank seminar room

Thursdays: Interesting case of week

Paediatric and Neonatal simulations done every month

Other sessions: radiology meetings, Paediatric safeguarding peer review meetings, Paediatric & Neonatal Morbidity and mortality meetings and Journal clubs

We regularly gather feedback from trainees regularly in the monthly faculty meetings



*Your Trainee Representative is Dr Emily Musgrave-*

[emily.musgrave@bedfordhospital.nhs.uk](mailto:emily.musgrave@bedfordhospital.nhs.uk)



## Some of our Trainee Comments:

- \* 1. "Felt well supported with lots of training opportunities"
- \* 2. "Plenty of opportunities for procedures, assessments and get regular feedback"
- \* 3. "The whole team is committed to teaching & Training"
- \* 4. "Outpatient Clinics exposure very useful"
- \* 5. "Workload is very manageable and very robust handover procedures"