

# Curriculum & Competencies intended on completion of the two-year Foundation Programme

#### **Good Clinical Care**

#### History Taking, Examination and record keeping skills

- History taking
- Conducts examinations of patients in a structured, purposeful manner and takes full account of the patient's dignity
- Understands and applies the principles of diagnosis and clinical reasoning that underline judgement and decision making
- Understands and applies principles of therapeutics and safe prescribing
- Understands and applies the principles of medical data and information management: keeps contemporary accurate, legible, signed and attributable notes

#### Demonstrates appropriate time management and decision making

# Understands and applies the basis of maintaining good quality care and ensuring and promoting patient safety

- Always maintains the patient as the focus of care
- Makes patient safety a priority in own clinical practice
- Understands the importance of good team working for patient safety
- Understands the principles of quality and safety improvement
- Understands the needs of patients who have been subject to medical harm or errors and their families

#### Knows and applies the principles of infection control

#### Understands and can apply the principles of health promotion and public health

#### Understands and applies the principles of medical ethics, and relevant legal issues

- Understands the principles of medical ethics
- Demonstrates understanding of, and practises appropriate procedures for valid consent
- Understands the legal framework for medical practice

# **Maintaining Good Medical Practice**

- Learning: Regularly takes up learning opportunities and is a reflective self-directed learner
- Evidence base for medical practice: knows and follows organisational rules and guidelines and appraises evidence base of clinical practice
- Describes how audit can improve personal performance

# **Relationships with Patients and Communication**

Demonstrates appropriate communications skills



# **Working with Colleagues**

- Demonstrates effective team work skills
- Effectively manages patients at the interface of different specialities including that of Primary Care, Imaging and Laboratory Specialities

### **Teaching and Training**

 Understands principles of educational method and undertakes teaching of medical trainees, and other health and social care workers

# **Professional Behaviour and Probity**

- Consistently behaves with a high degree of professionalism
- Maintains own health and demonstrates appropriate self-care

#### **Acute Care**

- Promptly assesses the acutely ill or collapsed patient
- Identifies and responds to acutely abnormal physiology
- Where appropriate, delivers a fluid safely to an acutely ill patient
- Reassesses ill patients appropriately after initiation of treatment
- Requests senior or more experienced help where appropriate
- Undertakes a secondary survey to establish differential diagnosis
- Obtains an arterial blood gas sample safely, interprets results correctly
- Manages patients with impaired consciousness including convulsions
- Safely and effectively uses common analgesic drugs
- Understands and applies the principles of managing a patient following self-harm
- Understands and applies the principles of management of a patient with an acute confusional state psychosis
- Ensures safe continuing care of patients on handover between shifts, on call staff or with 'hospital at night' team by meticulous attention to detail and reflection on performance
- Considers appropriateness of interventions according to patients wishes, severity of illness and chronic or co-morbid diseases
- Has completed appropriated level of resuscitation
- Discusses Do Not Attempt Resuscitation (DNAR) orders/advance directives appropriately
- Request and deals with common investigations appropriately