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| Health Visiting Programme  Weekly News | | | | | | | | |
| Issue 49 24th October 2013 | | | | | | | | |
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| Health Visitors are safety heroes | | | | | | |  | |
| Every hour, four children under five years old are admitted to hospital with serious accidental injuries. Falls from heights, burns and scalds, and road accidents can have a lifelong impact on a child and their family.  Child Accident Prevention Trust’s (CAPT) aims to help to secure a safer environment for children and young people, free from accidental death, disability and serious injury.  At CAPT, we support health visitors and acknowledge their contributions to provide parents with the information and confidence to understand the importance of child safety.    Health visitors are in a unique position to share accident prevention messages with parents. Your health visitor is one of the first professional after giving birth who will begin to have conversations about safety awareness.  Parents, especially first time parents, are usually very receptive to new information especially if it is presented by a health professional.  Health visitors are well positioned to influence behaviour as they have regular contacts with families and can reinforce safety messages at every opportunity. As well as raising safety issues at universal contacts, such the child development checks, and during targeted follow-up after accident and emergency attendances, health visitors can provide a highly effective safety advice to parents while they are attending weigh-in, breast feeding clinics, health checks and other activities.    Accidents happen in split second usually when the parent has their back turn for a moment just as their child reaches for a hot drink or when the child does something unexpected such as roll off the changing table for the first time.  Children grow and change so rapidly parents are often taken by surprise by what their child is capable of or suddenly able to do, that they weren’t just days or weeks before.  Again, health visitors are have contacts with families at various points in a child’s development so can make parents aware of accident prevention before children hit various milestones.  To find all you need to know about accident prevention and how CAPT can support health visitors go to [www.capt.org.uk](http://www.capt.org.uk) | | | | | | | | |
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| **Spreading the word more widely - sharing practice** | | | | | | | | |
| **Working together in Fenland** | | | | | | | | |
| Following a successful bid to win £2000 at the east of England conference, the North Fenland health visiting team approached the midwives and children’s centre to commence a joint working venture that was designed to meet the needs of all families in the area and specifically to increase the uptake of the Eastern European Community. This was backed up with a further £16,000 from the children’s centre to continue with the project.  This started as a small project to offer the development assessments in an area that was known to the family and in their own language, with the aid of iPads for translation. However what transpired was a programme that commenced in the ante-natal period.  The aim of the programme was to identify midwives, health visitors, and children’s centres so that parents were made aware of the services available. Prospective parents were invited each week with a specific interpreter available. This happened on a 4 week programme so that all the main languages (Polish, Lithuanian, Latvian and English) were covered.  All groups are offered a session that covers pain, labour, and the birth plan as well as the  role of the health visitor and children’s centre. Each session has been evaluated, with extremely positive feedback, and parents are now starting to ask for further intervention. | | We have recently commenced a breast feeding group that runs alongside, for parents to attend following the birth. We are also starting the development assessments in the near future.  We have found that the only way this has worked is by good communication and dedication. We have devised our top tips for successfully working together.  **C** COST  **O**  OBJECTIVES  **M** MEASURE THE IMPACT  **M** MULTI AGENCY  **U**  UNDERSTAND THE ORGANISATIONAL NEED  **N** NEEDS LED  **I**  IDENTIFY LEAD STAFF  **C**  CONSISTENCY  **A** ACCURATE DATA  **T** TIME MANAGED  **I**  IMPACT  **O** ONGOING EVALUATION  **N** NEXT STEPS | | | | | | |
| For more information contact:  Julie Bunn  [Julie.Bunn@ccs.nhs.uk](mailto:Julie.Bunn@ccs.nhs.uk) | | | | Lozange strap top right_RGBLozange strap top right_RGBLozange strap top right_RGBLozange strap top right_RGB | | | | |
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|  | **East of Eng HV prog@HealthVisitors** | | | | | **We are also on http://mediafunnel.com/wp-content/uploads/2011/11/flickr-logo.jpg**  Visit [www.flickr.com/healthvisitors](http://www.flickr.com/healthvisitors) to see the photographs from July’s Building Community Capacity Conference | | |
| We are now up to **156** followers which is excellent. Keep on following for some more updates | | | | | |
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| http://images.gv-c.com/147/Images/133/6cs-live.gif | | | | | | | | |
| **6Cs Live! Story of the Month** | | | | | | | |  |
| Our October 6Cs Live! Week of Action focuses on helping people to stay independent, maximising well-being and improving health outcomes and the importance of health improvement, health protection and making every practitioner's contact count. Starting on Monday 28th October, there are a range of ways you can get involved including a series of webinars.   * **Making Every Contact Count** Wed 30th October 12.30pm – 1.30pm with Joanne Bosanquet, Deputy Director of Nursing, Public Health England * **Out of Hospital Care** Thurs 31st October 2.00pm – 3.00pm with Wendy Nicholson, Professional Officer – Nursing, Department of Health * **The Health and Well-Being of School-Aged Children** Fri 1st Nov 12pm – 1pm with Wendy Nicholson, Professional Officer – Nursing, Department of Health | | | | | | | | [Download the strategy and vision for nursing, midwifery and care staff](http://www.england.nhs.uk/wp-content/uploads/2012/12/compassion-in-practice.pdf) |
| Register for these webinars by clicking [here](http://response.gv-c.com/Mail/Click/147?a=69B4002F43DD9D2AD4C84CF76AA669EA&r=577E5ECF0D0C1D8119322B03E8156559)  To access 6C's live! Weeks of Action web page and resources click [here](http://response.gv-c.com/Mail/Click/147?a=D00A7A95F23A692022EF4C7730CA884E&r=577E5ECF0D0C1D8119322B03E8156559)   On Thursday 31st October 8pm, 6Cs Live! teams up with WeNurses for a twitter chat on **‘Making Every Contact Count’**. Come along, participate or simply watch and enjoy the conversation! Find out more [here](http://response.gv-c.com/Mail/Click/147?a=C56C92D77E3ADD9D19D683829F2ED0C3&r=577E5ECF0D0C1D8119322B03E8156559)   Matt Hodson, our resident 6Cs Live! Week of Action Blogger and Nurse of the Year will be sharing his thoughts and ideas. Click [here](http://response.gv-c.com/Mail/Click/147?a=C406A4FCCFF0483A978CCD51F5B648C3&r=577E5ECF0D0C1D8119322B03E8156559) to read Matt’s blogs and where you’ll find his latest blog coming next week!   David Foster, Deputy Director of Nursing at the Department of Health, who leads on action area one of Compassion in Practice and Joanne Bosanquet, Deputy Director of Nursing at Public Health England, will also be blogging during the week.  You will be able to access their blogs [here](http://response.gv-c.com/Mail/Click/147?a=1EEE4E434D233D7651C1CEB263D123B1&r=577E5ECF0D0C1D8119322B03E8156559)   **6Cs Live! Story of the Month in partnership with Nursing Times**  Congratulations to the Cambridgeshire children’s community nursing team who have been chosen as September’s winners of 6Cs Live! and Nursing Times’ [‘story of the month’](http://response.gv-c.com/Mail/Click/147?a=DF81BDC88ED11851AD691A80708DF47F&r=577E5ECF0D0C1D8119322B03E8156559) competition. Click [here](http://response.gv-c.com/Mail/Click/147?a=26F6C083549EBE1DAEFEB4A1AE1D02BE&r=577E5ECF0D0C1D8119322B03E8156559) to find out more and how you can enter you or your team’s story.  **6Cs Webshop now open for orders!**  You can now order a range of 6Cs material and merchandise through our [6Cs web shop](http://response.gv-c.com/Mail/Click/147?a=04DE3AA8E4E8054F85D4427AE549CBC0&r=577E5ECF0D0C1D8119322B03E8156559) | | | | | | | | |
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| **Recruitment update** | | | | | | | | |
| Recruitment is now underway for the remaining 116 student health visitors we need to complete our total intake of 386 students for 13/14. We are working with the following universities on a January intake for the first time – University of Bedfordshire, University of Hertfordshire, Anglia Ruskin University (Cambridge), De Montfort University Leicester and London City University. | | | | | | | | |
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| **Reminder – spreading the word more widely – sharing practice** | | | | | | | | |
| Please ensure you get your article in to us in plenty of time.  The sharing practice article contents that we have received so far have been excellent.  Schedules have been circulated again, so please note when your next submission is due. Details of the next scheduled articles listed below:- | | | | | | | | |
| **31 October – Peterborough**  7 November – ECCH  14 November – Norfolk  21 November – Suffolk | | | | | Articles of up to 200 words in Word format highlighting an innovation or area of good practice (including contact details) are to be sent to Sophie Lakes, [sophie.lakes@nhs.net](mailto:sophie.lakes@nhs.net) by the Wednesday | | | |
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| **Contacts** | | | | | | | | |
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