Health Visiting Programme

Weekly News

Volume: 56 19th December 2013

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| **C:\Documents and Settings\slakes\Local Settings\Temporary Internet Files\Content.IE5\5831APZC\MC900290553[1].wmfSeason’s Greetings from the** **Health Visiting Programme Team!** |
| We would like to wish you a very merry Christmas and a happy new year. We are looking forward to working with you and taking on new challenges in the new year!We will be taking a break from the weekly news over the holiday period, returning on 9th January 2014. |  |
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| **The Journey to Bethlehem – by Molly Lacey aged 10** |
| Jo Lacey’s daughter Molly has written a Christmas poem which we would like to share with you - thank you Molly. |
| The Journey to BethlehemThe snow crackled beneath my feetThe silence did not sway,Hills and mountains I have to climb,But tell him I’m on my way.The snow melts beneath my feet,As I stare at the glowing moon,Miles and miles I have to walk,But tell him I’ll be there soon. | The plants grow beneath my feet,The world’s beauty is not to spare,Rivers and lagoons I have to swim,But tell him I’m nearly there.The Door swung beneath my hand,In a manger the baby Lord lay,No distance more have I got to go,The journey to Bethlehem has ended as I settle on the hay…. |
| **Policy Research Unit in the Health of Children, Young People and Families publication** |
| CPRU producesReview of Measures of Child Development, which looks at the range of existing standardised instruments/tools that could be used as a population measure of children's development at age 2–2 1/2 years. Follow the link below to read the report “Review of Measures of Child Development”. <http://www.ucl.ac.uk/cpru/documents/review_of_measures_of_child_development>  |
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|  | **East of Eng HV prog@HealthVisitors** | **We are also on http://mediafunnel.com/wp-content/uploads/2011/11/flickr-logo.jpg**Visit [www.flickr.com/healthvisitors](http://www.flickr.com/healthvisitors) to see the photographs from July’s Building Community Capacity Conference |
| We are now up to **200** followers which is excellent. Keep on following for some more updates! |
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| **How to give an A** |
| The following video clip called ‘How to give an A’ by Ben Zander has been used by Ben Fuchs and Kate Billingham in their Leadership training for bands 7, 8 and Ops leads over the past year and we think it is worth taking a few minutes of your precious time (about 8 in all) to watch it as it offers a wonderful insight into the sort of leadership we want to promote across HEEoE. This is all about leadership, modelling, mirroring, possibility, self-fulfilling prophecy and creating the positive mindset we want to nurture and create in East Anglia. Worth watching more than once!<http://www.youtube.com/watch?v=ZS-YYhoyBMo>  |
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| **Reminder – spreading the word more widely – sharing practice** |
| Please ensure you get your article in to us in plenty of time.The sharing practice article contents that we have received so far have been excellent. Schedules have been circulated again, so please note when your next submission is due. Details of the next scheduled articles listed below:- |
| **9 January 2014 – Mid Essex**16 January 2014 - Hertfordshire23 January 2014 – Bedford30 January 2014 – Luton  | Articles of up to 200 words in Word format highlighting an innovation or area of good practice (including contact details) are to be sent to Sophie Lakes, sophie.lakes@nhs.net by the Wednesday |
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