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| Health Visiting ProgrammeWeekly News |
| Issue 43: 13th September 2013 |
| **Leadership Final Event – Save the Date!** |
| For everyone that has taken part in our Leadership Programme so far‘Leading the Healthy Child Programme – building resilience in turbulent times’We will be having a Final Celebration Event with Kate Billingham and Ben Fuchs on December 9th at Trinity Park, Ipswich.Please hold this date in your diaries – more news will follow soon. |
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|  | **East of Eng HV prog@HealthVisitors** | **We are also on http://mediafunnel.com/wp-content/uploads/2011/11/flickr-logo.jpg**Visit [www.flickr.com/healthvisitors](http://www.flickr.com/healthvisitors) to see the photographs from July’s Building Community Capacity Conference |
| We are now up to **128** followers which is excellent. Keep on following for some more updates! |
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| **Spreading the word more widely - sharing practice****Unlocking Client Potential- MECSH in Anglian Community Enterprise** |
| In Anglian Community Enterprise we are beginning to evidence some positive outcomes in delivering the MECSH Programme and hope that the following case study is one of many success stories to come. It demonstrates the impact of early intervention and how by working in partnership using a strengths-based approach, parents can be empowered to achieve their own personal goals.In early 2013, an 18 year old mother, living at home with her parents and younger siblings, had just had her first baby. Social Care support was being given to the family for a younger sibling’s challenging behaviour and although the maternal grandparents faced their own struggles they were very supportive of their daughter and newborn granddaughter.The young mother (let us call her Jane) was enrolled onto the Maternal Early Childhood Sustained Home-visiting (MECSH) Programme. Regular health visiting input continued as per the Visiting Schedule within the Programme and during a visit when the child was 4 months old, the topic of Jane’s aspirations came to the fore following a recent contact with her local Job Centre. Jane had been advised that her benefits would be ceased when her child turned 1 year and information was given about employment in residential care homes.Jane said how above all she wanted to be a good role model for her child and for her child to be proud of her. She even visualised herself in a photo wearing ‘a cap and gown’ (meaning a picture of her graduating with a degree). Exploration of her educational achievements with the health visitor revealed a good academic achievement at school with Maths being the only area requiring improvement. After being given the telephone number of the local education institute Jane promptly made enquiries.To date Jane continues on the MECSH Programme, has successfully completed a 2 week intensive access course (despite her daughter’s hospitalisation during this time) and with support of the grandparents she is now settled into a 2 year access course. She is aiming to undertake a Child Branch Nursing degree and has even muted interest in a possible future career in Health Visiting! |
| *Celena Saddington**Clinical Lead – Health Visiting**Anglian Community Enterprise (CIC)* |  |
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| **For information - Autumn Communities of Practice Events**Local Communities of Practice events are now being planned to take place in October. Please speak to your Locality Lead to get involved. – Rowena for Cambridgeshire and Peterborough, Helen for Norfolk and Suffolk, Jenny for Essex and Sue for Beds and Herts (contact details below). |
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| **Recruitment to HV Training – latest position** |
| Many of the September 2013 cohort of HV students have already commenced their training and the remainder will start over the next few weeks as all our partner universities open for the new intake. The latest weekly update shows that we now expect 273 health visitor students to commence this month in the East of England. A further 113 are being recruited to start in January to meet our overall target of 386 students. Data submitted to Health Education England shows that in the East of England we have filled more places to date for this cohort than any other area in England.  Once again this is of great credit to all of you as the amount of work that goes into this volume of recruitment is unprecedented so well done to everyone involved.

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|  | No of places | No confirmed | Percentages places filled |
| September 13 intake | 289 | 273 | 94.81% |
| January 14 intake | 97 | 63 | 55.7 % |

Over the next few weeks we will update you with news about our newly qualified health visitors that are now graduating. Congratulations to those of you that are graduating and good luck to those that are still waiting! |
| **Reminder – spreading the word more widely – sharing practice**Please ensure you get your article in to us in plenty of time.The sharing practice article contents that we have received so far have been excellent. Details of the next scheduled articles listed below:- |
| **19 September – South East Essex**26 September – Mid Essex3 October - Hertfordshire10 October – Bedford | Articles of up to 200 words in Word format highlighting an innovation or area of good practice (including contact details) are to be sent to Sophie Lakes, sophie.lakes@nhs.net by the Wednesday |
| **Contacts** |
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