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| Health Visiting Programme  Weekly News | | | | | | |
| Issue 47 11th October 2013 | | | | | | |
| **Pamela Agapiou awarded ‘Most Influencial Leader’ by her team in East Coast Community Healthcare** | | | | | | |
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| Over the past 5 years Pamela has been instrumental in bringing innovative opportunities to Great Yarmouth and Waveney Health Visiting Teams.  Pamela has in partnership with Public Health commissioners developed, The Healthy Life Team & The Breastfeeding Team who in turn are achieving great outcomes for the local population.  Karen Jorden, one of the Locality Leads wrote:-  “There's all the HV Early Implementer Site involvement that Pamela encouraged us all to embrace. This enabled us as teams to have some investment in training for the Antenatal/Postnatal Promotional Guide training with Crispin Day and the Ages and Stages Questionnaire implementation for the developmental reviews. It has also provided development opportunities for Team Leaders. All this goes towards putting ECCH at the forefront of innovation and service delivery and keeps children & families as high priority. Pamela's efforts have given our services a great opportunity to grow and innovate.” | | | | | | |
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| **Child and Maternal Health Knowledge Update 11th October** | | | | | | |
| To access this weekly bulletin highlighting the latest news, events, reports, research and other resources relating to children, young people's and maternal health please use the link below  <http://www.chimat.org.uk/resource/item.aspx?RID=174922> | | | | | | |
| **For information – 1001 Critical days, The Importance of the Conception to Age Two Period.**  Two reports referenced in the 1001 Critical Days manifesto highlighted in last week’s newsletter are attached below with short summary for each. | | | | | | |
| **NSPCC campaign ‘All Babies Count, Prevention and protection for vulnerable babies’** aims to raise awareness of the importance of pregnancy and the first year of life to a child’s development. The NSPCC is calling for better early support for parents during this period to ensure all babies are safe and able to thrive. Over recent years, there has been an explosion of new research and understanding about the significance of pregnancy and infancy in laying the foundations for child development. This new knowledge underpins an emerging political consensus around the importance of ‘early intervention’ to help children get the best possible start in life. Based on extensive research, consultation and original analysis, this report adds new dimensions to the case for early intervention. It shines a light on the disproportionate vulnerability of babies to abuse and neglect; and it provides the first estimates of the numbers of babies affected by parental problems of substance misuse, mental illness and domestic abuse. | | | | | |  |
| **As one of a series of reports in the All Babies Count campaign.**  **‘Prevention in mind, Spotlight on Perinatal Mental Health’** focuses on particularly important issues that affect families during this time. Mental illnesses affect more than 1 in 10 women during pregnancy and the first year after childbirth, and can have a devastating impact on them and their families. Effective and timely action by public services can prevent much of the harm done by perinatal mental illnesses. This report shines a spotlight on these illnesses: it discusses their nature, prevalence, and effects on families; the care that women and their families need, and the gaps in services that currently exist in England | | | | | |  |
| Whilst this may not be new news to Health Visitors it is good to refresh on the evidence base and thinking behind the transformation to the new HV Service model as referenced in the HV Implementation Plan and detailed in the national HV Service Specification with expectation to be in place with the increased HV workforce by March 2015.  It provides the evidence base that influences the new planned service delivery towards which all HVs should be working in every organisation across East of England. The new HV service delivery plan should enable use and application of the new tools and techniques being learnt such as MECSH, Ante natal and post natal Promotional Guiding, Solihull approach, Brazleton (Newborn Behavioural Observation) or similar to assess attachment and infant mental health. This all fits with and is threaded through implementation of the evidence based Healthy Child Programme as the core of HV service delivery with specified contacts starting in the antenatal period through to post natal, one and 2 year contacts. This includes use of Ages and Stages Questionnaire as one of the recommended evidence based assessments at the 1 and 2 year old health reviews with training being rolled out to implement by 2015. | | | | | | |
| **Spreading the word more widely - sharing practice**  **Achievement of antenatal information sharing agreement with Maternity Services**  **Background**  Within Bedfordshire we have endeavoured to introduce the Health Visitor ante natal contact element of the Healthy Child Programme but without success until now. There has never been a robust and formal process adopted by our midwifery service to enable us to be aware of all women who are pregnant across the county. This has prevented us from supporting pregnant women as we would have wanted to. Equally as we roll out Promotional Guide training for all of our Health Visitors, the opportunity for them to visit antenatally and use their skills in antenatal guided conversations has been difficult and morale has been affected.  **What we have done**  We asked for a formal information sharing agreement with our 2 main Maternity Service Providers and although this proved a challenge in meeting the Information Governance guidance for sharing information, we have finally agreed a method of providing the details we need. These are:- Name, NHS number, Date of Birth, EDD, GP practice,  **How it happens**  **6 easy steps**   * The maternity services run a report from their system every week for all women who are 24 weeks pregnant who have consented to have their information shared * The system manager in the Maternity Unit sends this information weekly through the child health portal to our Child Health department * Child Health staff take the pregnant women from the NHS spine and bring them into the unit on SystemOne for 0-19 services * Child health send a task to the relevant 0-19 teams for an antenatal contact for every woman * The 0-19 administrator plans when each pregnant woman would need to be visited * Antenatal visits are allocated to team Health Visitors   We are now working with the maternity units to revise communication processes from midwife to HV when there are concerns in pregnancy, to compliment the standard information we receive. | | | | | | |
| Jacky Syme  UNICEF Baby Friendly Co-ordinator  Interim Practice Development Lead 0-19 Service  [Jacky.syme@sept.nhs.uk](mailto:Jacky.syme@sept.nhs.uk) | | | Lozange strap top right_RGBLozange strap top right_RGBLozange strap top right_RGBLozange strap top right_RGB | | | |
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|  | **East of Eng HV prog@HealthVisitors** | | | | **We are also on http://mediafunnel.com/wp-content/uploads/2011/11/flickr-logo.jpg**  Visit [www.flickr.com/healthvisitors](http://www.flickr.com/healthvisitors) to see the photographs from July’s Building Community Capacity Conference | |
| We are now up to **150** followers which is excellent. Keep on following for some more updates! | | | | |
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| **Leadership Final Event – Save the Date** | | | | | | |
| For everyone that has taken part in our Leadership Programme so far  **‘Leading the Healthy Child Programme – building resilience in turbulent times’**  We will be having a Final Celebration Event with Kate Billingham and Ben Fuchs on December 9th at Trinity Park, Ipswich.  We have now had a meeting to set the agenda and it is certain to be a great event. There will be an opportunity to revisit the strength based leadership programme with a focus on the building blocks for achieving cultural change. Please hold the date in your diary as you don’t want to miss out!  More information to follow. | | | | | | |
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| **For information - Autumn Communities of Practice Events**  Local Communities of Practice events are now being planned to take place in October. Please speak to your Locality Lead to get involved. – Rowena for Cambridgeshire and Peterborough, Helen for Norfolk and Suffolk, Jenny for Essex and Sue for Beds and Herts (contact details below).  Communities of Practice in your area:  Essex will be held on **23rd October in the Marconi Centre in Chelmsford**.  Bedfordshire and Hertfordshire will be held on **6th November, venue TBC** | | | | | | |
| **Reminder – spreading the word more widely – sharing practice** | | | | | | |
| Please ensure you get your article in to us in plenty of time.  The sharing practice article contents that we have received so far have been excellent.  Schedules have been circulated again, so please note when your next submission is due. Details of the next scheduled articles listed below:- | | | | | | |
| **17 October – Luton**  24 October – Cambridgeshire  31 October – Peterborough  7 November – ECCH | | | | Articles of up to 200 words in Word format highlighting an innovation or area of good practice (including contact details) are to be sent to Sophie Lakes, [sophie.lakes@nhs.net](mailto:sophie.lakes@nhs.net) by the Wednesday | | |
| **Contacts** | | | | | | |
| Julia Whiting, Health Visiting Programme Lead  M: 07535 638236  E: [Julia.whiting2@nhs.net](mailto:Julia.whiting2@nhs.net)  Sue Mills, HV Locality Lead, Herts and Beds  M: 07506 512182  E: [suemills@nhs.net](mailto:suemills@nhs.net)  Rowena Harvey, HV Locality Lead, Cambs and Peterborough  M: 07768 568175  E: [rowena.harvey@nhs.net](mailto:rowena.harvey@nhs.net)  Jenny Gilmour, HV Locality Lead, Essex  T: 07946 755758  E: [jennygilmour@nhs.net](mailto:jennygilmour@nhs.net) | | Helen Wallace, HV Locality Lead, Norfolk and Suffolk  E: [Helen.wallace9@nhs.net](mailto:Helen.wallace9@nhs.net)  Sophie Lakes, Health Visiting Programme Support  T: 01603 595816  E: [sophie.lakes@nhs.net](mailto:sophie.lakes@nhs.net) | | | | |