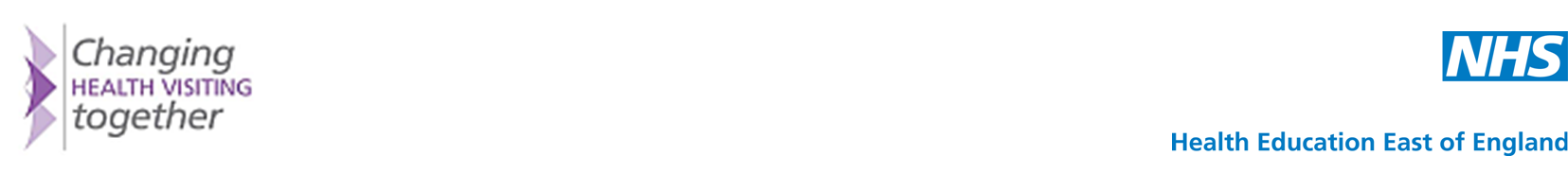
Health Visiting Programme

Weekly News



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| **SUSTAIN Rapid Refresh 2013/14** | | | | | | | |
| Peer reviewers and the Locality leads have attended 2 days of preparation and training with Sustain to take an active part in the Health Visiting Rapid Refresh 2013/14. Visits will take place to all the organisations between Jan and early April 2014.  The visit will follow a 2 day visit format similar to the initial appraisal and will focus on progress made on the organisation’s progress to date on implementation of the Health Visitor Implementation Plan (HVIP) by April 2015 based on the recommendations made following first visit 1 year ago.  The peer reviewers are all experienced practicing health visitors and the event will have provided them with further information to work closely with Sustain as they lead the rapid refresh. Great care has been taken to select peer reviewers who are not known to the organisations being reviewed and confidentiality is a key commitment to all those taking part. | | | | | | | |
| If you are invited to take part in these interviews please do not worry as the peer reviewers are friendly colleagues just there to ask some questions about your experience of the whole progress to implementing the HVIP and related aspects such as growing the workforce, training up established HV staff in the new ways of evidence based working to improve outcomes for children and families and also to deliver the new Family Offer as the Health Visiting Service within your organisation. Be positive and tell them how it is, enjoy the experience and make your contribution to the process! | | | | | | |  |
| **Joint Cambridgeshire & Peterborough and Essex Workforce Partnerships and Anglia Ruskin University Celebration event for newly qualified HVs** | | | | | | | |
| A Successful and special event to celebrate the Health Visiting Programme which is delivered across Essex, Cambridge and Peterborough, through Anglia Ruskin University and in partnership with provider organisations was held on wed 4/12 13 at London Hilton Hotel at Stansted.  A good number of newly qualified Health Visitors, Mentors and Practice Teachers attended from those areas and they heard from Pauline Watts – Nursing Professional Officer/Clinical Advisor, Public Health Nursing & National Health Visitor Programme, DH whose keynote speech was entitled ‘Health Visiting – Celebrating the Journey’ and it set the tone for a good day. A presentation about the NHS Constitution and Values based working was thought provoking and encouraged health visitors to reflect the values in their everyday delivery of care to clients. Partnership working was the theme of the ARU presentation.  Attendees were also offered an opportunity to understand more about the Health Visitor Implementation Plan and their role in delivering the vision as well as being given some time to reflect on what additional tools and skills they need to develop over the next year or so. To build on that some taster sessions were provided on a selection of useful topics to raise awareness of what newly qualified HVs can expect to train in to deliver their unique role. These included Perinatal mental health. MECSH. AN and PN Promotional Guides, Brazleton/Newborn Behavioural Observation assessment and Professional use of Social Media.  Celebrations continued with awards for best student, mentor and PT during the year as nominated by their organisations and posters were also presented to the audience. The opportunity to network was taken by those attending when presented and evaluation of the day was positive as the attached word cloud shows. Presentation Information and taster session handouts and award winners will be listed on the HEEoE HV webpages and photos of the event will be on FLICKR shortly. | | | | | | | |
| **Sharing practice – spreading the word more widely** | | | | | | | |
| **Improving the Health Visitor relationship with local GPs** | | | | | | | |
| Having been seconded into the Health Visitor Implementation Development post since July 2013, I have spent some time aiming to improve the working relationship with GPs in our area.  I began by attending team meetings across South West Essex to understand the effectiveness of the current relationships between GPs and Health Visitors. Many HVs reported that they felt they had become “distanced” from their GP colleagues in recent years. Consequently, the number of conversations to share information regarding patients and evidence based practice has dropped.  What has been reported in many papers including “Working Together to Safeguard Children” and “The Health Visitor Implementation Plan” is that Health Visitors and GPs should work together in order to provide the best possible service to our clients. Therefore I began to think of ways that I could try and improve this relationship. I decided that to have the biggest impact the message needed to come from a GP rather than from Health Visitors.  Having worked in Brentwood as a HV I was aware of the excellent working relationships that exist between the GP practices and the HV team in this area. I arranged to meet with two of the GPs from different surgeries, to understand how this relationship had been built and to explore just how beneficial it has been both for their practice and to service delivery.  Both GPs agreed to have the meetings typed into an article format and cascaded to every GP within SWECS. I have written the article from the perspective of the GP to his GP colleagues explaining why investing time in developing a relationship with their named HV is so beneficial to their practice. I have a meeting planned with the Chair of the Local Clinical Commissioning Group who has agreed to cascade the article on our behalf to highlight its importance.  Following these meetings I have had GPs from other surgeries within our area contact me to discuss how they can work with the HV teams to improve the relationship. Our service has also been offered time to present the role of the HV during a teaching session with the trainee GPs. | | | | | | | |
| For more information please contact:  Lucy Putney  Health Visiting Implementation Officer | | |  | | | | |
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| **Please complete the iHV’ Our state of the Nation’ survey to tell iHV exactly what is happening in practice.** | | | | | | | |
| The results will guide iHV future work.  Follow the link and complete the survey: <https://www.surveymonkey.com/s/TFY8QMK> | | | | |  | | |
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|  | **East of Eng HV prog@HealthVisitors** | | | | | **We are also on http://mediafunnel.com/wp-content/uploads/2011/11/flickr-logo.jpg**  Visit [www.flickr.com/healthvisitors](http://www.flickr.com/healthvisitors) to see the photographs from July’s Building Community Capacity Conference | |
| We are now up to **182** followers which is excellent. Keep on following for some more updates! | | | | | |
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| **AGENDA****National Child Measurement Programme**  **Anglia and Essex and South Midlands and Hertfordshire workshop** **16th December 2013**  **The Moller Centre, Storey’s Way, Cambridge CB3 0DE** | | | | | | | |
| Logo for Word.jpg  PM: Nutrition and health weight | | | | | | | |
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| **Reminder – spreading the word more widely – sharing practice** | | | | | | | |
| Please ensure you get your article in to us in plenty of time.  The sharing practice article contents that we have received so far have been excellent.  Schedules have been circulated again, so please note when your next submission is due. Details of the next scheduled articles listed below:- | | | | | | | |
| **12 December – North East Essex**  19 December – South East Essex  27 December – Mid Essex  2 January – Hertfordshire  9 January – Bedford | | Articles of up to 200 words in Word format highlighting an innovation or area of good practice (including contact details) are to be sent to Sophie Lakes, [sophie.lakes@nhs.net](mailto:sophie.lakes@nhs.net) by the Wednesday | | | | | |
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| **Contacts** | | | | | | | |
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